

Scottish Athletics League

Match 3 17 July 2016

Grangemouth

Division 1

400m Hurdles A		Division 1	
1	9	Connor Henderson	Kilbarchan 54.14 16
2	11	Toby Harris	Edinburgh 57.15 14
3	3	Iain Wilson (U20)	VP Glasgow 61.22 12
4	5	Michael Wright	Central 64.60 10
5	7	Michael Deason	Shettleston 67.35 8
6	1	Alasdair Love	Aberdeen 67.57 6
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800m A		Division 1	
1	1	Rory Muir	Aberdeen 1:55.10 16
2	15	Cameron Steven (U20)	Lasswade 1:56.04 14
3	5	Dale Colley	Central 1:56.87 12
4	7	Callum Drummond	Shettleston 1:57.21 10
5	3	Christopher Boyle (U20)	VP Glasgow 1:58.95 8
6	9	Scott MacAulay	Kilbarchan 1:59.59 6
7	11	Peter Cameron	Edinburgh 1:59.73 5
8	13	Jack Garrigan	Arbroath 2:04.55 4

100m A		Division 1		+4.0 m/s	
1	1	Ryan Oswald	Aberdeen 10.85 16		
2	3	Steven Beattie	VP Glasgow 11.15 14		
3	15	Jordan Charters	Lasswade 11.21 12		
4	13	Liam Fotheringham (U20)	Arbroath 11.25 10		
5	9	Anthony Young	Kilbarchan 11.31 8		
6	7	David Pelumi (U20)	Shettleston 11.49 6		
7	11	Ken Fairbrother (U17)	Edinburgh 11.57 5		
8	5	Mitchell Graham	Central 12.14 4		

100m Guest Race 1		+3.4 m/s	
1	1	Christian Hristov	Aberdeen 11.32
2	9	Nishant Puri	Kilbarchan 11.66
3	13	Mike Tarnawsky	Arbroath 12.24
4	15	Sean Hadden	Lasswade 12.36
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3,000m SC A		Division 1	
1	7	Michael Deason	Shettleston 9:32.60 16
2	3	Martin Hayes	VP Glasgow 9:40.77 14
3	5	Aidan Thompson	Central 9:46.51 12
4	11	Michael Cameron	Edinburgh 10:01.27 10
5	2	Fearghas Thomson	Aberdeen 10:25.75 8
6	9	Conor Thomson (U20)	Kilbarchan 11:02.26 6
7	13	Ross Croall	Arbroath 11:14.09 5
8	15	Scott Dickson	Lasswade 12:27.19 4

400m Hurdles B		Division 1	
1	4	Martin Hayes	VP Glasgow 64.06 12
2	12	Michael Cameron	Edinburgh 66.35 10
3	6	Aidan Thompson	Central 69.87 8
4	8	Andrew Jackson	Shettleston 70.45 6
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800m B		Division 1	
1	4	Martin Hayes	VP Glasgow 1:56.91 12
2	8	Kamil Sieracki	Shettleston 1:59.06 10
3	16	Matthew Smith (U20)	Lasswade 2:00.21 8
4	2	Stuart Ferguson	Aberdeen 2:03.69 6
5	10	Andrew MacAngus (U17)	Kilbarchan 2:06.12 4
6	6	Fraser Logan	Central 2:17.11 3
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100mB		Division 1		+4.2 m/s	
1	2	Gavin Irvine	Aberdeen 10.91 12		
2	14	Patrick Swan	Arbroath 11.42 10		
3	4	Ramesh Sapkota	VP Glasgow 11.54 8		
4	8	Alexander Song (U20)	Shettleston 11.55 6		
5	16	Charles Carstairs	Lasswade 11.66 4		
6	6	Ian McDonald	Central 12.43 3		
7	12	Gary Leek	Edinburgh 12.57 2		
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100m Guest Race 2		+3.3 m/s	
1	2	David Irvine	Aberdeen 11.18
2	19	Ross Freck (U20)	Inverness 11.56
3	33	Gregor Duncan (U20)	Guest 11.66
4	17	George Lehardy	Falkirk 12.43
5	23	Mark Magee	Inverclyde 12.66
6	35	Liam Nolan	Guest 12.83
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3,000m SC B		Division 1	
1	6	Michael Wright	Central 9:49.14 12
2	1	Andrew John Ferguson	Aberdeen 11:07.62 10
3	8	Andrew Jackson	Shettleston 11:33.42 8
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Division 2

400m Hurdles A		Division 2	
1	25	Ewan Dyer	Pitreavie 54.19 16
2	23	Scott McCluckie	Inverclyde 63.41 14
3	19	Ian Coghill	Inverness 63.91 12
4	17	Ewan McCallum	Falkirk 70.49 10
5	21	Stuart Gibson	Whitemoss 74.52 8
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800m A		Division 2	
1	17	Euan Martin	Falkirk 2:00.08 16
2	19	Eoghan MacNamara	Inverness 2:01.83 14
3	21	Ross Stephen	Whitemoss 2:02.08 12
4	29	Calum McKenzie	Corstorphine 2:03.55 10
5	33	Rory Stead	Guest 2:05.85
6	23	Callum Hunter	Inverclyde 2:07.79 8
7	25	Alex Johnston (U17)	Pitreavie 2:09.68 6
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H 100m A		Division 2		no measure	
1	17	Taylor Nimmo	Falkirk 11.1 16		
2	25	Declan Brennan	Pitreavie 11.1 14		
3	23	Drew McIntyre (U20)	Inverclyde 11.3 12		
4	21	Zach Bryson	Whitemoss 11.5 10		
5	19	Adam Hobson	Inverness 11.7 8		
6	27	Chris Mackay (U20)	Giffnock Nort 11.8 6		
7	29	Scott Hamilton	Corstorphine 11.9 5		
8	31	Nicholas Allan (U17)	Clydesdale 12.4 4		
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100m Guest Race 3		+2.4 m/s	
1	4	Cian O'Donnell	VP Glasgow 11.50
2	20	Scott Fraser	Inverness 11.82
3	16	Ben Keay (U17)	Lasswade 12.52
4	18	Steven Stone (U17)	Falkirk 13.24
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3,000m SC A		Division 2	
1	17	Andrew Lawler	Falkirk 9:50.72 16
2	21	Stuart Gibson	Whitemoss 9:58.71 14
3	29	James Harrison	Corstorphine 10:49.08 12
4	25	Corey Smith (U20)	Pitreavie 11:40.50 10
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400m Hurdles B		Division 2	
1	26	Corey Smith (U20)	Pitreavie 70.23 12
2	18	Kieran Ferguson	Falkirk 72.30 10
3	24	Mark Magee	Inverclyde 74.22 8
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800m B		Division 2	
1	18	Harris Pentecost (U17)	Falkirk 2:07.41 12
2	22	Matthew McKenna	Whitemoss 2:08.63 10
3	26	Kyle Henderson (U20)	Pitreavie 2:09.52 8
4	20	Aidan Ferry (U17)	Inverness 2:10.87 6
5	24	Gary McKendrick	Inverclyde 2:21.00
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100mB		Division 2		+4.2 m/s	
1	18	Jacque Bailey (U17)	Falkirk 11.20 12		
2	26	Michael Tarnawsky (U20)	Pitreavie 11.38 10		
3	20	Alastair Beaton	Inverness 11.63 8		
4	30	Findlay Donegan (U20)	Corstorphine 11.92 6		
5	24	Robert Graham	Inverclyde 12.04 4		
6	22	Alexander Thomson (U17)	Whitemoss 12.49 3		
7	32	Marcus Beckford-Young (U17)	Clydesdale 13.35 2		
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100m Guest Race 4			
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3,000m SC B		Division 2	
1	26	Colin Lamont	Pitreavie 11:50.89 12
	33	Christopher Graham	Guest 11:28.05
	34	Fraser Cruickshank (U20)	Guest 12:14.50
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110m Hurdles A		Division 1	+3.8 m/s
1	9	Andrew Murphy	Kilbarchan 15.61 16
2	11	Toby Harris	Edinburgh 15.79 14
3	7	Carson Graham	Shettleston 17.45 12
4	1	Jools Peters	Aberdeen 19.12 10
5	3	Martin Hayes	VP Glasgow 19.25 8
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400m A		Division 1
1	1	Daniel Rees Aberdeen 51.05 16
2	9	Blair Crawford Kilbarchan 51.23 14
3	11	Cal McLennan (U20) Edinburgh 51.61 12
4	5	Jamie Paterson (U20) Central 52.60 10
5	7	Daniel Lafferty Shettleston 53.63 8
6	13	Connor Bertie (U20) Arbroath 53.78 6
7	15	Matthew Smith (U20) Lasswade 55.72 5
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1500m A		Division 1
1	6	Jamie Crowe Central 4:06.97 16
2	3	Max Ralston VP Glasgow 4:08.48 14
3	15	Owen Miller Lasswade 4:09.09 12
4	1	Callum Symmons Aberdeen 4:09.10 10
5	9	Sam Davies Kilbarchan 4:09.88 8
6	7	Brian McGarrity Shettleston 4:17.22 6
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200m A		Division 1	+3.3 m/s
1	9	Anthony Young Kilbarchan 22.31 16	
2	13	Patrick Swan Arbroath 22.63 14	
3	1	David Irvine Aberdeen 22.73 12	
4	3	Steven Beattie VP Glasgow 22.78 10	
5	5	Jamie Paterson (U20) Central 23.17 8	
6	7	David Pelumi (U20) Shettleston 23.27 6	
7	11	Magnus Blair Edinburgh 23.27 5	
8	15	Cameron Steven (U20) Lasswade 23.96 4	

200m Guest Race 1		+3.2 m/s
1	1	Christian Hristov Aberdeen 23.21
2	2	Ewan Calder Aberdeen 23.63
3	9	Nishant Puri Kilbarchan 23.73
4	33	Gregor Duncan (U20) Guest 24.00
5	7	Robert Ferrol Shettleston 24.56
6	11	Gary Leek Edinburgh 26.83
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5000m A		Division 1
1	7	Tewelde Mengisteab Shettleston 14:54.79 16
2	1	Michael Ferguson Aberdeen 14:55.31 14
3	6	Alexander Hendry Central 15:15.78 12
4	3	Afwerki Haile VP Glasgow 15:31.33 10
5	10	Graham Evans Kilbarchan 16:47.89 8
6	11	Madis Osjamets Edinburgh 16:59.90 6
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110m Hurdles A		Division 1
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400m B		Division 1
1	16	Charles Carstairs Lasswade 51.30 12
2	8	Callum Drummond Shettleston 51.56 10
3	12	Peter Cameron Edinburgh 53.40 8
4	6	Dale Colley Central 53.51 6
5	2	Myles Nelson Aberdeen DQ
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1500m B		Division 1
1	2	Broc Drury Aberdeen 4:09.36 12
2	16	Jake Thomas Lasswade 4:12.95 10
3	5	Bradley Scott (U20) Central 4:15.92 8
4	4	Steven Bryce VP Glasgow 4:17.96 6
5	8	Paul Sorrie Shettleston 4:23.92 4
6	10	Craig Kennedy (U17) Kilbarchan 4:38.29 3
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200m B		Division 1	+2.8m/s
1	10	Blair Crawford Kilbarchan 22.93 12	
2	2	Robbie Shaw Aberdeen 23.62 10	
3	4	Ramesh Sapkota VP Glasgow 23.69 8	
4	12	Cal McLennan (U20) Edinburgh 23.70 6	
5	8	Daniel Lafferty Shettleston 23.76 4	
6	16	Ewan Ballantyne (U17) Lasswade 23.87 3	
7	6	Mitchell Graham Central 24.49 2	
8	14	Mike Tarnawsky Arbroath 25.58 1	

200m Guest Race 2	
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5000m B		Division 1
1	2	Will Mackay Aberdeen 15:09.57 12
2	8	Peter Avent Shettleston 15:19.16 10
3	5	Euan Brownlie (U20) Central 16:54.43 8
4	9	Euan Carrick Kilbarchan 17:38.91 6
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110m Hurdles A		Division 2	+3.8 m/s
1	17	Ewan McCallum Falkirk 19.75 16	
2	20	Ian Coghill Inverness 20.37 14	
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400m A		Division 2
1	25	Ewan Dyer Pitreavie 49.73 16
2	27	Calum McWilliam Giffnock Nort 50.29 14
3	23	Shaun Tonner Inverclyde 52.05 12
4	19	Eoghan MacNamara Inverness 53.74 10
5	17	George Leahardy Falkirk 53.75 8
6	31	Tony Dolan Clydesdale 56.00 6
7	21	Matthew McKenna Whitemoss 56.83 5
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1500m A		Division 2
1	23	Jonny Glen Inverclyde 4:01.85 16
2	17	Scott Stirling Falkirk 4:03.04 14
3	30	Scott Pilkington Corstorphine 4:08.45 12
4	21	Alistair Campbell Whitemoss 4:12.70 10
5	27	Andrew Clark Giffnock Nort 4:18.15 8
6	32	Michael Miller (U17) Clydesdale 4:54.87 6
7	26	Kyle Henderson (U20) Pitreavie 5:04.15
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200m A		Division 2	+2.6 m/s
1	17	Grant Plenderleith Falkirk 21.59 16	
2	25	Declan Brennan Pitreavie 22.37 14	
3	21	Zach Bryson Whitemoss 23.00 12	
4	19	Ross Freck (U20) Inverness 23.06 10	
5	28	Daniel Chapman Giffnock Nort 23.65 8	
6	23	Shaun Tonner Inverclyde 23.78 6	
7	29	Scott Hamilton Corstorphine 24.13 5	
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400m Guest Race	
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5000m A		Division 2
1	21	Stuart Gibson Whitemoss 15:20.21 16
2	19	Kenny Wilson Inverness 15:27.05 14
3	23	David Henderson Inverclyde 15:39.37 12
4	29	Mark Haskett Corstorphine 15:51.14 10
5	25	Tyler White (U20) Pitreavie 16:22.20 8
6	18	Andrew Lawler Falkirk 16:27.33 6
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110m Hurdles B		Division 2
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400m B		Division 2
1	24	Scott McCluckie Inverclyde 54.30 12
2	28	Daniel Chapman Giffnock Nort 54.34 10
3	22	James Cathie (U17) Whitemoss 56.66 8
4	20	Finlay MacLennan Inverness 57.65 6
5	18	Kieran Ferguson Falkirk 57.84 4
6	26	Kyle Henderson (U20) Pitreavie 57.87 3
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1500m B		Division 2
1	18	Euan Martin Falkirk 4:03.54 12
2	29	Calum McKenzie Corstorphine 4:13.66 10
3	24	Adam Hay (U17) Inverclyde 4:27.31 8
4	31	Ryan Nelson Clydesdale 5:12.34
5	25	Alex Johnston (U17) Pitreavie DNF
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200m B		Division 2	+2.6 m/s
1	26	Michael Tarnawsky (U20) Pitreavie 23.65 12	
2	20	Scott Fraser Inverness 23.76 10	
3	30	Findlay Donegan (U20) Corstorphine 24.38 8	
4	24	Andrew Hunter (U20) Inverclyde 24.75 6	
5	22	Alistair Stewart (U20) Whitemoss 25.17 4	
6	18	Liam Nolan Falkirk 26.06 3	
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Guest Race	
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5000m B		Division 2
1	20	Donnie MacDonald Inverness 15:51.68 12
2	30	Bryan Clark Corstorphine 15:56.15 10
3	17	Alec Davidson Falkirk 16:45.15 8
4	22	Andrew King Whitemoss 16:56.70 6
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4 by 100m Relay				Division 1			
1	1	David Irvine, Gavin Irvine, Robbie Shaw, Ryan Oswald	Aberdeen	43.77	16		
2	9	Nishant Puri, Tony Daffurn, Anthony Young, Connor Henderson	Kilbarchan	44.54	14		
3	3	Ramesh Sapkota, Steven Beattie, David Wilson (U20), Cian O'Donnell	VP Glasgow	45.09	12		
4	15	Jordan Charters, Robert Ferguson, Sean Hadden, Ewan Ballantyne (U17)	Lasswade	45.62	10		
5	11	Howard Bell (U20), Peter Cameron, Toby Harris, Chukwu Onyia	Edinburgh	46.22	8		
6	5	Mitchell Graham, Jamie Paterson (U20), Cameron McCorkray (U20), Ross McCorkray (U17)	Central	46.48	6		
7	13	Liam Fotheringham (U20), Connor Bertie (U20), Jack Garrigan, Mike Tarnawsky	Arbroath	47.18	5		
8	7	Daniel Lafferty, Alexander Song (U20), Paul Esdale, David Pelumi (U20)	Shettleston	DQ			

4 by 400m Relay				Division 1			
1	1	Daniel Rees, Myles Nelson, Ewan Calder, Rory Muir	Aberdeen	3:25.72	16		
2	9	Blair Crawford, Andrew Murphy, Scott MacAulay, Connor Henderson	Kilbarchan	3:26.83	14		
3	3	David Wilson (U20), Iain Wilson (U20), Martin Hayes, Christopher Boyle (U20)	VP Glasgow	3:33.84	12		
4	11	Cal McLennan (U20), Peter Cameron, Toby Harris, Michael Cameron	Edinburgh	3:36.32	10		
5	15	Charles Carstairs, Cameron Steven (U20), Matthew Smith (U20), Jake Thomas	Lasswade	3:37.58	8		
6	7	Daniel Lafferty, Callum Drummond, Brian McGarrity, Paul Esdale	Shettleston	3:38.36	6		
7	13	Liam Fotheringham (U20), Connor Bertie (U20), Jack Garrigan, Patrick Swan	Arbroath	3:39.95	5		
8	5	Bradley Scott (U20), Jamie Paterson (U20), Aidan Thompson, Jamie Crowe	Central	4:02.09	4		

4 by 100m Relay				Division 2			
1	25	Michael Tarnawsky (U20), Craig Moriarty (U20), Ewan Dyer, Declan Brennan	Pitreavie	44.10	16		
2	19	Alastair Beaton, Adam Hobson, Stephen Mackenzie (U17), Ross Freck (U20)	Inverness	45.22	14		
3	17	Taylor Nimmo, Grant Plenderleith, Kieran Ferguson, Sam Muirhead (U17)	Falkirk	45.25	12		
4	23	Drew McIntyre (U20), Shaun Tonner, Robert Graham, Mark Magee	Inverclyde	46.04	10		
5	21	Zach Bryson, Alistair Stewart (U20), Alexander Thomson (U17), Craig McEwan	Whitemoss	53.59	8		
6	31	Tony Dolan, Ryan Nelson, Ben Morrison, Marcus Beckford-Young (U17)	Clydesdale	57.53	6		
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4 by 400m Relay				Division 2			
1	25	Ewan Dyer, Michael Tarnawsky (U20), Craig Moriarty (U20), Declan Brennan	Pitreavie	3:31.45	16		
2	21	Ross Stephen, Alistair Stewart (U20), Alistair Campbell, James Cathie (U17)	Whitemoss	3:39.74	14		
3	17	George Lehardy, Harris Pentecost (U17), Scott Stirling, Euan Martin	Falkirk	3:40.57	12		
4	19	Finlay MacLennan, Eoghan MacNamara, Ian Coghill, Scott Fraser	Inverness	3:42.09	10		
5	23	Scott McCluckie, Jonny Glen, Andrew Hunter (U20), Callum Hunter	Inverclyde	3:43.06	8		
6	31	Tony Dolan, Ryan Nelson, Michael Miller (U17), Nicholas Allan (U17)	Clydesdale	4:07.16	6		
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Division 1

Long Jump A			Division 1			Long Jump B			Division 1				
1	15	Jordan Charters	Lasswade	7.23	16	+2.6	1	10	Andrew Murphy	Kilbarchan	6.37	12	+1.5
2	11	Howard Bell (U20)	Edinburgh	7.15	14	+1.6	2	3	David Wilson (U20)	VP Glasgow	6.33	10	+3.9
3	9	Tony Daffurn	Kilbarchan	6.89	12	+0.9	3	7	Carson Graham	Shettleston	6.19	8	+2.9
4	1	Sam Lyon	Aberdeen	6.65	10	+4.0	4	16	Ewan Ballantyne (U17)	Lasswade	5.97	6	+3.4
5	5	Cameron McCorkray (U20)	Central	6.39	8	+4.5	5	2	Jon Hosie (U20)	Aberdeen	5.58	4	+3.6
6	4	Cian O'Donnell	VP Glasgow	6.35	6	+4.1	6	14	Kieran McKenzie	Arbroath	4.91	3	+2.9
7	8	Mahad Ahmed	Shettleston	6.27	5	+1.7	7	6	Ross McCorkray (U17)	Central	4.79	2	+4.2
8	13	Mike Tarnawsky	Arbroath	5.30	4	+1.7	8						

Triple Jump A			Division 1			Triple Jump B			Division 1				
1	11	Chukwu Onyia	Edinburgh	15.02	16	+3.2	1	2	Jon Hosie (U20)	Aberdeen	12.25	12	+1.8
2	9	Tony Daffurn	Kilbarchan	14.67	14	+1.9	2	8	Carson Graham	Shettleston	11.39	10	+1.0
3	7	Mahad Ahmed	Shettleston	14.13	12	+1.9	3	4	Alexander Lewis (U20)	VP Glasgow	11.33	8	+3.7
4	1	Sam Lyon	Aberdeen	13.88	10	+1.5	4	5	Michael Wright	Central	9.85		+2.1
5	3	David Wilson (U20)	VP Glasgow	13.45	8	+1.8	5	13	Jack Garrigan	Arbroath	9.29		+1.9
6	15	Jordan Charters	Lasswade	12.65	6	+2.0	6						
7	6	Ross McCorkray (U17)	Central	10.68	5	+1.8	7						
8	14	Kieran McKenzie	Arbroath	10.19	4	+2.2	8						

High Jump A			Division 1			High Jump B			Division 1				
1	15	Robert Ferguson	Lasswade	1.90	16		1	2	Robbie Farquhar (U17)	Aberdeen	1.65	12	
2	3	Marcus Morton	VP Glasgow	1.90	14		2	4	Andrew O'Donnell (U20)	VP Glasgow	1.60	10	
3	5	Cameron McCorkray (U20)	Central	1.85	12		3	8	Cameron Black	Shettleston	1.40	8	
4	11	Howard Bell (U20)	Edinburgh	1.85	10		4	14	Mike Tarnawsky	Arbroath	NH		
5	1	Jools Peters	Aberdeen	1.65	8		5	16	Ben Keay (U17)	Lasswade	NH		
6	13	Jack Garrigan	Arbroath	1.65	6		6						
7	7	Carson Graham	Shettleston	1.60	5		7						
8	9	Craig Ross (U17)	Kilbarchan	1.55	4		8						

Pole Vault A			Division 1			Pole Vault B			Division 1				
1	3	Sam Adams	VP Glasgow	4.40	16		1	2	Robbie Farquhar (U17)	Aberdeen	2.40	12	
2	9	Andrew Murphy	Kilbarchan	4.00	14		2	4	David Mann	VP Glasgow	NH		
3	11	Howard Bell (U20)	Edinburgh	3.60	11		3						
3	1	Jools Peters	Aberdeen	3.60	11		4						
5	5	Ron Todd	Central	3.00	8		5						
6	19	Ian Coghill	Inverness	2.40	6		6						
7							7						
8							8						

Division 2

Long Jump A			Division 2			Long Jump B			Division 2				
1	25	Ben McGuire (U20)	Pitreavie	6.86	16	+2.9	1	26	Craig Moriarty (U20)	Pitreavie	6.16	12	+1.7
2	19	William Godding (U20)	Inverness	6.41	14	+2.3	2	18	Jon Dixon	Falkirk	5.78	10	+1.2
3	23	Robert Graham	Inverclyde	6.26	12	+1.3	3	20	Adam Hobson	Inverness	5.61	8	+1.5
4	17	Sam Muirhead (U17)	Falkirk	5.99	10	-0.2	4	24	Robert Todd	Inverclyde	4.52	6	+1.8
5	21	Alistair Stewart (U20)	Whitemoss	5.99	8	+2.4	5	33	Steven Stone (U17)	Guest	4.79		+2.1
6	29	Scott Hamilton	Corstorphine	5.42	6	+1.3	6						
7	27	Douglas Rathey	Giffnock Nort	5.07	5	+3.0	7						
8	31	Tony Dolan	Clydesdale	4.59	4	+1.8	8						
9							9						
10							10						

Triple Jump A			Division 2			Triple Jump B			Division 2				
1	27	Matthew Kerr	Giffnock Nort	13.76	16	+3.0	1	19	Dylan Morrison	Inverness	12.18	12	+3.1
2	23	Robert Graham	Inverclyde	13.67	14	+1.5	2	17	Sam Muirhead (U17)	Falkirk	11.37	10	+1.4
3	20	Stephen Mackenzie (U17)	Inverness	12.72	12	+2.8	3	25	Ben McGuire (U20)	Pitreavie	11.22	8	+1.9
4	29	Findlay Donegan (U20)	Corstorphine	12.15	10	+3.5	4	28	Neil Hutchison	Giffnock Nort	10.51	6	+4.1
5	26	Michael Tarnawsky (U20)	Pitreavie	11.99	8	+1.9	5	24	Robert Todd	Inverclyde	9.91		+2.3
6	18	Jon Dixon	Falkirk	11.82	6	+3.1	6	32	Marcus Beckford-Young (U17)	Clydesdale	9.77		+3.0
7	31	Nicholas Allan (U17)	Clydesdale	10.05	5	+2.9	7						
8							33	William Godding (U20)	Guest	12.66		+2.7	
9							9						
10							10						

High Jump A			Division 2			High Jump B			Division 2				
1	25	Lewis McGuire (U20)	Pitreavie	1.95	16		1	19	Dylan Morrison	Inverness	1.90	12	
2	20	Connel MacDonald	Inverness	1.90	14		2	28	Matthew Kerr	Giffnock Nort	1.85	10	
3	27	Chris Mackay (U20)	Giffnock Nort	1.90	12		3	18	Harris Pentecost (U17)	Falkirk	1.55	8	
4	17	Jacque Bailey (U17)	Falkirk	1.65	10		4	24	Robert Todd	Inverclyde	1.45	6	
5	23	Mark Magee	Inverclyde	1.50	8		33	Stephen Mackenzie (U17)	Guest	1.80			
6						6							
7						7							
8						8							
9						9							
10						10							

Pole Vault A			Division 2			Pole Vault B			Division 2				
1	19	Ian Coghill	Inverness	2.40	16		1						
2						2							
3						3							
4						4							
5						5							
6						6							
7						7							
8						8							
9						9							
10						10							

Shot Putt A		Division 1	
1	10	William Falconer	Kilbarchan 13.84 16
2	13	Michael Downie	Arbroath 13.74 14
3	7	Angus McInroy	Shettleston 13.70 12
4	5	Gary Sweeney	Central 13.30 10
5	1	Graham Porterfield	Aberdeen 11.90 8
6	4	Gordon Belch	VP Glasgow 9.59 6
7	15	Robert Ferguson	Lasswade 9.37 5
8	11	Glenn Murray	Edinburgh 7.69 4

Shot Putt B		Division 1	
1	9	Sam O'Kane	Kilbarchan 12.08 12
2	2	John Fyvie	Aberdeen 10.79 10
3	6	Donavan Webster	Central 10.71 8
4	14	Chris Smith	Arbroath 10.45 6
5	3	Ciaran Johnson (U20)	VP Glasgow 9.47 4
6	8	David Little	Shettleston 8.74 3

Shot Putt A		Division 2	
1	17	Ciaran Wright	Falkirk 13.52 16
2	29	Dave Williamson	Corstorphine 11.42 14
3	22	Keith Garrow	Whitemoss 11.31 12
4	19	Daniel Wilby (U20)	Inverness 9.77 10
5	27	Neil Hutchison	Giffnock Nort 9.08 8
6	25	Michael Mellon	Pitreevie 8.15 6
7	32	Cameron MacLeod	Clydesdale 8.03 5
8	23	Mark Magee	Inverclyde 7.43

Shot Putt B		Division 2	
1	21	Craig McEwan	Whitemoss 9.61 12
2	20	William Godding (U20)	Inverness 9.46 10
3	18	John Pentecost	Falkirk 7.53 8
4	31	Ben Merton	Clydesdale 7.26

Discus A		Division 1	
1	7	Angus McInroy	Shettleston 50.83 16
2	9	Sam O'Kane	Kilbarchan 39.50 14
3	5	Gary Sweeney	Central 36.21 12
4	13	Michael Downie	Arbroath 35.07 10
5	3	Ciaran Johnson (U20)	VP Glasgow 32.42 8
6	1	John Fyvie	Aberdeen 31.47 6
7	11	Glenn Murray	Edinburgh 25.90 5
8	15	Robert Ferguson	Lasswade 23.68 4

Discus B		Division 1	
1	10	Andrew Murphy	Kilbarchan 38.57 12
2	2	Donavan Webster	Central 33.42 10
3	14	Chris Smith	Arbroath 31.13 8
4	2	Jools Peters	Aberdeen 27.09 6
5	8	David Little	Shettleston 26.10 4
6	4	Gordon Belch	VP Glasgow 24.90 3
7	16	Edward Kopystynski	Lasswade 22.09 2
8	12	Cal McLennan (U20)	Edinburgh 15.71

Discus A		Division 2	
1	17	Ciaran Wright	Falkirk 36.11 16
2	22	Keith Garrow	Whitemoss 31.94 14
3	19	Ruaridh Gray (U20)	Inverness 30.93 12
4	29	Dave Williamson	Corstorphine 25.24 10
5	27	Neil Hutchison	Giffnock Nort 22.65 8
6	25	Michael Mellon	Pitreevie 22.49 6
7	23	Robert Graham	Inverclyde 18.25

Discus B		Division 2	
1	20	Daniel Wilby (U20)	Inverness 30.31 12
2	21	Craig McEwan	Whitemoss 23.02 10
3	18	Liam Nolan	Falkirk 19.89

Hammer A		Division 1	
1	8	David Little	Shettleston 45.86 16
2	1	John Fyvie	Aberdeen 43.58 14
3	9	Sam O'Kane	Kilbarchan 35.13 12
4	6	Donavan Webster	Central 31.87 10
5	14	Chris Smith	Arbroath 27.90 8
6	15	Edward Kopystynski	Lasswade 21.29 6
7	3	Ciaran Johnson (U20)	VP Glasgow 19.15
8	11	Glenn Murray	Edinburgh 14.53

Hammer B		Division 1	
1	2	Graham Porterfield	Aberdeen 36.55 12
2	5	Gary Sweeney	Central 28.09 10
3	10	William Falconer	Kilbarchan 26.17 8
4	7	Angus McInroy	Shettleston 25.99 6
5	13	Michael Downie	Arbroath 24.58 4
6	4	Gordon Belch	VP Glasgow 17.90

Hammer A		Division 2	
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

Hammer B		Division 2	
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

Javelin A		Division 1	
1	13	Chris Smith	Arbroath 51.28 16
2	4	Alexander Lewis (U20)	VP Glasgow 46.07 14
3	1	Sam Lyon	Aberdeen 45.65 12
4	9	Andrew Murphy	Kilbarchan 41.53 10
5	11	Glenn Murray	Edinburgh 37.77 8
6	15	Jordan Charters	Lasswade 33.23 6
7	5	Ron Todd	Central 28.68 5
8	8	Cameron Black	Shettleston 28.43 4

Javelin B		Division 1	
1	14	Michael Downie	Arbroath 48.10 12
2	2	Jools Peters	Aberdeen 43.28 10
3	3	Gordon Belch	VP Glasgow 38.64 8
4	10	Connor Henderson	Kilbarchan 32.21 6
5	7	Peter Whiteman	Shettleston 21.80

Javelin A		Division 2	
1	19	Adam Hobson	Inverness 48.97 16
2	17	James Muir	Falkirk 39.57 14
3	25	Michael Mellon	Pitreevie 38.52 12
4	21	Craig McEwan	Whitemoss 34.66 10
5	27	Neil Hutchison	Giffnock Nort 30.65 8
6	29	Dave Williamson	Corstorphine 30.43 6
7	31	Ben Morrison	Clydesdale 22.12
8	24	Robert Todd	Inverclyde ND

Javelin B		Division 2	
1	20	Finlay Macleay (U20)	Inverness 44.17 12
2	18	Alec Davidson	Falkirk 34.87 10
3	28	Douglas Rathey	Giffnock Nort 23.16

Division 1 Match Result

Penalty Points	Match 3	Match Points	Pts
1	Aberdeen	359	8
2	Kilbarchan	297	7
3	VP Glasgow	275	6
4	Shettleston	261	5
5	Central	244	4
6	Edinburgh	183	3
7	Lasswade	173	2
8	Arbroath	155	1

Division 1 League Positions

	After 3 Matches	Match Points	Pts
1	Aberdeen	1143	24
2	Central	811	18
3	VP Glasgow	730	15
4	Kilbarchan	595	12
5	Arbroath	622	11
6	Shettleston	640	10
7	Edinburgh	584	9
8	Lasswade	570	9

Division 2 Match Result

Penalty Points	Match 3	Match Points	Pts
1	Falkirk	321	8
2	Inverness	308	7
3	Pitreevie	257	6
4	Whitemoss	206	5
5	Inverclyde	182	4
6	Corstorphine	134	3
7	Giffnock North	119	2
8	Clydesdale	44	1

Division 2 League Positions

	After 3 Matches	Match Points	Pts
1	Inverness	1016	23
2	Pitreevie	748	19
3	Falkirk	725	17
4	Inverclyde	671	17
5	Whitemoss	565	14
6	Corstorphine	430	9
7	Giffnock North	197	4
8	Clydesdale	170	4

After 19 events (out of 19)

After 18 events

Notes

Congratulations to match winners Aberdeen (they have won all three matches so far this season)

400m Division 1 "B" athlete No 2: DQ was rule 163.3 (running out of lane)

4x100m Relay Division 1 team 7: DQ was rule 170.7 (baton passed outside takeover zone)

Best Legal Long Jumps

No 1: 6.64 (+1.9) No 2: 5.45 (-0.7) No legal jumps for No 15.

No 3: 6.16 (+1.5) No 4: 5.89 (+0.4)

No 5: 5.89 (+0.3) No 6: 4.72 (+1.1)

No 7: 6.01 (+1.3) No 14: 4.50 (+1.2) No 16: 5.70 (+0.0)

Best Legal Triple Jumps

No 4: 11.32 (+0.7) No 14: 9.73 (+1.2)

239 Athletes took part in this match

	Previous Totals	Match Points	Pts
1	Aberdeen	784	16
2	Central	567	14
3	Arbroath	467	10
4	VP Glasgow	455	9
5	Lasswade	397	7
6	Edinburgh	401	6
7	Shettleston	379	5
8	Kilbarchan	298	5

Notes

Congratulations to match winners Falkirk

Best Legal Long Jumps

No 19: 6.25 (+1.5) No 21: 5.85 (-0.5)

No 25: 6.64 (+1.1) No 27: 4.97 (-1.6)

Best Legal Triple Jumps

No 20: 12.37 (+0.6) No 27: 13.38 (+1.5)

No 31: 10.03 (+1.0) No 32: 12.63 (+1.8)

100m Division 2 "A" race was manual timing.

Scrutiny complete - teams have 7 days to lodge any appeals or corrections.

	Previous Totals	Match Points	Pts
1	Inverness	708	16
2	Pitreavie	491	13
3	Inverclyde	489	13
4	Falkirk	404	9
5	Whitemoss	359	9
6	Corstorphine	296	6
7	Clydesdale	126	3
8	Giffnock North	78	2
9			
10			