

# Scottish Athletics League (Division 1)

## 14 August 2011

## Grangemouth

100m A		+2.2 m/s	
1	11 R Oswald	Pitreavie	10.82 16
2	5 G Turnbull	Edinburgh	11.03 14
3	9 C Lavery	Arbroath	11.07 12
4	13 R Frost	VP Glasgow	11.18 10
5	1 A Beaton	Central	11.40 8
6	15 E Heath (U20)	Giffnock	11.72 6
7	7 J Charters (U17)	Lasswade	11.84 5
8	3 P Mutch	Aberdeen	11.91 4

100m B		+2.6 m/s	
1	12 J McLaren (U20)	Pitreavie	11.16 12
2	14 D Cairns	VP Glasgow	11.34 10
3	6 I Symonds	Edinburgh	11.43 8
4	4 S Lyon (U20)	Aberdeen	11.74 6
5	8 C Carstairs (U20)	Lasswade	11.88 4
6	2 I McDonald	Central	11.91 3
7	16 D Chapman (U20)	Giffnock	11.94 2
8	10 R White (U20)	Arbroath	12.15 1

400m A			
1	7 G Loudon (U20)	Lasswade	48.73 16
2	1 T Watson (U20)	Central	50.46 14
3	5 P Loudon (U20)	Edinburgh	51.06 12
4	3 M Ferguson (U17)	Aberdeen	51.29 10
5	13 A MacFarlane (U20)	VP Glasgow	51.67 8
6	11 R Cuthbert (U17)	Pitreavie	51.89 6
7	15 K Love	Giffnock	53.65 5
8			0

400m B			
1	8 G Learmonth (U20)	Lasswade	49.64 12
2	12 L Hunter (U17)	Pitreavie	51.75 10
3	4 A Ferguson	Aberdeen	52.82 8
4	6 J Glen (U17)	Edinburgh	52.94 6
5	16 D Chapman (U20)	Giffnock	53.75 4
6	2 C Ritchie (U20)	Central	54.77 3
7			0
8			0

1500m A			
1	7 R Matheson (U20)	Lasswade	4:01.29 16
2	5 A Crichton	Edinburgh	4:02.69 14
3	2 A Butchart	Central	4:02.81 12
4	4 C Strachan	Aberdeen	4:03.54 10
5	16 M Fishwick (U20)	Giffnock	4:18.93 8
6	11 J Headley	Pitreavie	4:25.59 6
7			0
8			0

1500m B			
1	3 J Joy	Aberdeen	4:03.85 12
2	1 A Hendry	Central	4:09.60 10
3	8 R Finlayson	Lasswade	4:23.59 8
4	12 S McAlpine (U17)	Pitreavie	4:27.31 6
5	6 P Cameron (U20)	Edinburgh	4:32.36 4
6			0
7			0
8			0

110m Hurdles A		+0.8 m/s	
1	11 F Smith	Pitreavie	14.99 16
2	13 N Kelly	VP Glasgow	15.11 14
3	9 M Downie (U20)	Arbroath	16.76 12
4	1 C Brown	Central	17.14 10
5	3 J O'Neill (U20)	Aberdeen	19.38 8
6	7 C Menzies	Lasswade	21.62 6
7			0
8			0

110m Hurdles B		+2.2 m/s	
1	14 S Beattie	VP Glasgow	16.02 12
2	8 A Dalgleish	Lasswade	19.51 10
3	2 K Pearson	Central	19.69 8
4	10 R White (U20)	Arbroath	20.56 6
5	4 D Munro	Aberdeen	21.20 4
6			0
7			0
8			0

3000m S/C A			
1	1 S Green (U20)	Central	09:47.12 16
2	3 D Munro	Aberdeen	09:55.07 14
3	13 E Sloan-Dennison (U20)	VP Glasgow	10:01.69 12
4	7 C Menzies	Lasswade	10:41.04 10
5	16 M Hollinshead (U20)	Giffnock	10:45.99 8
6			0
7			0
8			0

3000m S/C B			
1	15 A McCallum (U20)	Giffnock	11:10.54 12
2	4 R Leslie	Aberdeen	11:23.97 10
3	14 H Mackenzie (U20)	VP Glasgow	11:36.93 8
4	2 A Milne	Central	11:47.98 6
5			0
6			0
7			0
8			0

200m A		-0.4 m/s	
1	13 D Martin	VP Glasgow	21.87 16
2	11 R Oswald	Pitreavie	21.88 14
3	5 G Turnbull	Edinburgh	22.19 12
4	9 C Lavery	Arbroath	22.43 10
5	1 A Beaton	Central	23.43 8
6	3 P Mutch	Aberdeen	23.85 6
7	7 C Carstairs (U20)	Lasswade	23.85 5
8	15 D Chapman (U20)	Giffnock	24.02 4

800m A			
1	7 G Learmonth (U20)	Lasswade	1:51.52 16
2	15 G Muir (U20)	Giffnock	1:53.07 14
3	5 P Loudon (U20)	Edinburgh	1:55.81 12
4	3 M Haskett	Aberdeen	1:57.43 10
5	13 S Fontana	VP Glasgow	1:59.00 8
6	1 M Paterson (U20)	Central	2:07.93 6
7	11 S McAlpine (U17)	Pitreavie	2:08.61 5
8			0

10,000m A			
1	3 B Hukins	Aberdeen	31:45.42 16
2	1 L Millar	Central	32:34.98 14
3	15 L Trainor (U20)	Giffnock	33:05.81 12
4	7 B Phillips	Lasswade	33:12.99 10
5	9 S Campbell	Arbroath	33:40.62 8
6	6 T Ryan	Edinburgh	33:49.42 6
7	11 N McLaghlán	Pitreavie	38:22.19 0
8			0

400m Hurdles A			
1	11 F Smith	Pitreavie	55.83 16
2	13 A MacFarlane (U20)	VP Glasgow	57.20 14
3	3 J Mann (U20)	Aberdeen	59.60 12
4	1 C Ritchie (U20)	Central	62.64 10
5	9 R White (U20)	Arbroath	66.16 8
6	7 C Menzies	Lasswade	66.35 6
7	15 D Rathey	Giffnock	69.48 5
8			0

4 by 100m Relay			
1	11 SmithMcLarMcLarOswal	Pitreavie	43.34 16
2	5 TurnbSymonGlen Innes	Edinburgh	44.28 14
3	1 McDonHendeBeatoMuirh	Central	44.31 12
4	13 CairnRobinKellyMarti	VP Glasgow	44.55 10
5	3 FerguLyon MutchClark	Aberdeen	45.54 8
6	7 ChartWilsonHall Fergu	Lasswade	46.02 6
7	9 LaverMurraEdwarWhite	Arbroath	46.39 5
8	15 HutchChapmHeathRathe	Giffnock	47.07 4

200m B		+1.1 m/s	
1	12 J McLaren (U20)	Pitreavie	22.47 12
2	14 D Cairns	VP Glasgow	22.89 10
3	6 I Symonds	Edinburgh	22.92 8
4	10 M Downie (U20)	Arbroath	23.69 6
5	4 A Ferguson	Aberdeen	23.89 4
6	16 E Heath (U20)	Giffnock	24.01 3
7	8 D Philip	Lasswade	24.12 2
8	2 P Muirhead (U20)	Central	24.16 1

800m B			
1	4 J Joy	Aberdeen	1:56.44 12
2	2 A Butchart	Central	1:57.95 10
3	8 S Anderson	Lasswade	2:00.16 8
4	16 M Hollinshead (U20)	Giffnock	2:00.63 6
5			0
6			0
7			0
8			0

10,000m B			
1	16 S Goldie	Giffnock	33:39.77 12
2	8 M Gore	Lasswade	34:06.46 10
3	2 R Milne (U20)	Central	35:17.07 8
4	4 F Boyne	Aberdeen	35:18.67 6
5			0
6			0
7			0
8			0

400m Hurdles B			
1	14 M Hayes	VP Glasgow	57.64 12
2	12 M Burns	Pitreavie	59.72 10
3	4 J O'Neill (U20)	Aberdeen	60.76 8
4	2 S Green (U20)	Central	62.85 6
5	8 A Dalgleish	Lasswade	64.34 4
6	16 E Heath (U20)	Giffnock	68.28 3
7			0
8			0

4 by 400m Relay			
1	7 CarstMatheLearnLoude	Lasswade	3:23.80 16
2	13 MacFaCairnBeattMarti	VP Glasgow	3:25.55 14
3	5 BursLoudoCrichTurmb	Edinburgh	3:29.29 12
4	1 RitchButchWatssoPater	Central	3:31.27 10
5	11 CuthbBurnsMcLarHunte	Pitreavie	3:32.30 8
6	3 HaskeJoy FerguMann	Aberdeen	3:32.58 6
7	15 ChapmWalkeMcCalFishw	Giffnock	3:38.24 5
8	9 WhiteLaverMurraCampb	Arbroath	3:45.30 4

Long Jump A				
1	2	P Muirhead (U20)	Central	6.64 16
2	3	S Lyon (U20)	Aberdeen	6.35 14
3	14	S Beattie	VP Glasgow	6.23 12
4	11	D Tod (U20)	Pitreavie	6.11 10
5	10	C Edwards (U17)	Arbroath	5.97 8
6	7	J Learmonth (U17)	Lasswade	5.91 6
7	5	J Innes (U17)	Edinburgh	5.45 5
8	16	K Love	Giffnock	5.43 4

Long Jump B				
1	9	D Murray	Arbroath	5.96 12
2	1	C Brown	Central	5.82 10
3	12	D Agnew	Pitreavie	5.80 8
4	13	J Robinson (U17)	VP Glasgow	5.67 6
5	4	C Cameron (U20)	Aberdeen	5.46 4
6	8	D Nicol	Lasswade	5.10 3
7	15	M Hollinshead (U20)	Giffnock	4.89 2
8				0

Triple Jump A				
1	3	S Lyon (U20)	Aberdeen	13.44 16
2	7	C Wilson	Lasswade	12.68 14
3	2	K Henderson (U20)	Central	12.46 12
4	11	D Tod (U20)	Pitreavie	12.31 10
5	9	C Edwards (U17)	Arbroath	11.57 8
6	15	F O'Rourke (U17)	Giffnock	11.13 6
7	13	J Robinson (U17)	VP Glasgow	10.41 5
8				0

Triple Jump B				
1	4	S Clark (U20)	Aberdeen	13.27 12
2	8	J Learmonth (U17)	Lasswade	12.10 10
3	12	M Burns	Pitreavie	11.67 8
4	1	C Brown	Central	11.60 6
5	10	D Murray	Arbroath	11.31 4
6	16	A McCallum (U20)	Giffnock	9.97 0
7				0
8				0

High Jump A				
1	7	R Ferguson (U17)	Lasswade	1.90 16
2	3	R Hewitson (U17)	Aberdeen	1.80 13
=	11	D Agnew	Pitreavie	1.80 13
4	9	D Murray	Arbroath	1.80 10
5	1	C Brown	Central	1.70 8
6	14	S Beattie	VP Glasgow	1.65 6
7	16	E Heath (U20)	Giffnock	1.55 5
8				0

High Jump B				
1	4	J MacGregor	Aberdeen	1.55 12
2	2	K Pearson	Central	1.50 9
=	12	F Smith	Pitreavie	1.50 9
4	8	D Nicol	Lasswade	1.45 6
15	S Gaffney (U20)	Giffnock	NH	0
6				0
7				0
8				0

Pole Vault A				
1	14	J Thoires (U20)	VP Glasgow	4.85 16
2	15	F O'Rourke (U17)	Giffnock	3.80 14
3	3	D Mann (U17)	Aberdeen	3.40 12
4	1	R Todd	Central	3.20 10
5	11	D Agnew	Pitreavie	2.60 8
6				0
7				0
8				0

Pole Vault B				
1	13	J Sinclair	VP Glasgow	3.20 12
2	2	K Pearson	Central	3.00 10
3	4	B Masson	Aberdeen	2.80 8
12	F Smith	Pitreavie	NH	0
5				0
6				0
7				0
8				0

Shot Putt A				
1	15	D Carlin	Giffnock	15.35 16
2	12	B Robb	Pitreavie	14.66 14
3	3	S Thompson	Aberdeen	14.08 12
4	9	M Downie (U20)	Arbroath	12.13 10
5	2	G Sweeney	Central	11.78 8
6	7	S Dalecki	Lasswade	10.69 6
7	14	S Beattie	VP Glasgow	9.30 5
8				0

Shot Putt B				
1	11	A Frost	Pitreavie	11.71 12
2	4	E McKenzie	Aberdeen	10.77 10
3	1	C Brown	Central	10.06 8
4	10	R Rogers	Arbroath	9.62 6
5	13	G Farrell	VP Glasgow	9.17 4
6	16	A Morrison	Giffnock	8.16 3
7	8	J McComish	Lasswade	8.10 2
8				0

Discus A				
1	11	B Robb	Pitreavie	48.18 16
2	3	S Thompson	Aberdeen	45.14 14
3	15	D Carlin	Giffnock	37.45 12
4	13	G Farrell	VP Glasgow	33.96 10
5	10	R Rogers	Arbroath	33.36 8
6	7	S Dalecki	Lasswade	31.86 6
7	2	G Sweeney	Central	31.69 5
8				0

Discus B				
1	1	R Todd	Central	31.17 12
2	4	E McKenzie	Aberdeen	28.78 10
3	9	M Downie (U20)	Arbroath	28.50 8
4	12	A Frost	Pitreavie	28.02 6
5	16	M Letham	Giffnock	25.23 4
6	8	J McComish	Lasswade	21.49 3
7				0
8				0

Hammer A				
1	11	A Frost	Pitreavie	65.40 16
2	15	D Carlin	Giffnock	46.71 14
3	3	S Thompson	Aberdeen	43.33 12
4	9	R Rogers	Arbroath	35.85 10
5	1	R Todd	Central	33.38 8
6	13	G Farrell	VP Glasgow	32.31 6
7	7	E Kopystynski	Lasswade	24.25 5
8				0

Hammer B				
1	12	B Robb	Pitreavie	42.04 12
2	2	G Sweeney	Central	32.04 10
3	4	E McKenzie	Aberdeen	24.78 8
4	8	J McComish	Lasswade	22.69 6
5	16	M Letham	Giffnock	22.42 4
6				0
7				0
8				0

Javelin A				
1	3	R Knight	Aberdeen	55.01 16
2	9	C Smith	Arbroath	53.40 14
3	7	S Dalecki	Lasswade	46.68 12
4	13	J MacMaster (U20)	VP Glasgow	43.90 10
5	15	N Hutcheson	Giffnock	39.33 8
6	2	K Pearson	Central	35.96 6
7	11	D Agnew	Pitreavie	32.37 5
8				0

Javelin B				
1	10	M Downie (U20)	Arbroath	44.83 12
2	4	S Thompson	Aberdeen	44.17 10
3	14	S Beattie	VP Glasgow	35.72 8
4	1	C Brown	Central	34.45 6
5	16	K Love	Giffnock	32.21 4
6	8	J McComish	Lasswade	28.20 3
12	A Young (U20)	Pitreavie	24.88 0	
8				0

**Notes**

Jax Thoires (U20) sets a new League and Division 1 record in the Pole Vault with 4.85m second attempt at 4.50, second attempt at 4.70m, first attempt at 4.85m, three fails at 5.06m

Long Jump A Wind Speeds = 1.8, 1.7, 1.3, 0.3, 1.3, 1.5, 1.1, 2.0

Long Jump B Wind Speeds = 1.8, 1.1, 2.3, 1.6, 1.5, 1.9, 0.9

Triple Jump A Wind Speeds = 1.9, 1.6, 0.6, 1.2, 1.1, 1.1, 1.4

Triple Jump B Wind Speeds = 1.3, 1.2, 1.2, 0.8, 1.8, 1.6

1500m Guest athlete Luke Traynor 4:02.79

Central are League Champions. Pitreavie and Lasswade are relegated.

Scrutiny complete - subject to appeals (appeals must be made within 14 days).

Penalty Points
0

### Match Result

	Match Points	Pts
Aberdeen	357	8
Central	319	7
Pitreavie	300	6
Lasswade	268	5
VP Glasgow	258	4
Giffnock	209	3
Arbroath	182	2
Edinburgh	127	1

### League Positions

	Match Points	Pts	
1	Central	1302	29
2	Aberdeen	1287	28
3	Edinburgh	947	20
4	VP Glasgow	1019	17
5	Arbroath	854	14
6	Giffnock	785.5	13
7	Lasswade	874	12
8	Pitreavie	750.5	11