

Scottish Athletics League (Division 2)

20 June 2010

Grangemouth

100m A		w/s -0.5 m/s	
1	27 J Beimers	Fife	11.29 18
2	17 J Sinclair	VP Glasgow	11.31 16
3	29 J Farrell (U20)	Clydesdale	11.51 13
=	19 Z Bryson (U20)	Whitemoss	11.51 13
5	21 A Low	Giffnock	11.73 10
6	23 S Milne	Corstorphine	11.88 8
7	33 A Morris (U20)	Dunfermline	12.17 6
8	25 J Muir (U17)	Falkirk	12.26 5
9			0
10			0
11			0
12			0
13			0
14			0

100m B		w/s +0.7 m/s	
1	20 I McEwan	Whitemoss	11.46 12
2	22 S Nisbet	Giffnock	11.72 10
3	34 D Brand (U17)	Dunfermline	12.04 8
4	24 S Hamilton	Corstorphine	12.23 6
5	18 N Kelly	VP Glasgow	12.35 5
6	28 K Duncan	Fife	13.38 4
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

200m A		w/s +1.6 m/s	
1	17 J Sinclair	VP Glasgow	22.72 18
2	29 J Farrell (U20)	Clydesdale	23.11 16
3	21 S Nisbet	Giffnock	23.37 14
4	19 Z Bryson (U20)	Whitemoss	23.41 12
5	33 A Morris (U20)	Dunfermline	23.64 10
6	27 S Tough	Fife	23.70 8
7	23 S Milne	Corstorphine	24.84 6
8	25 J Muir (U17)	Falkirk	25.39 5
9			0
10			0
11			0
12			0
13			0
14			0

200m B		w/s +1.1 m/s	
1	34 S Harris	Dunfermline	23.76 12
2	24 P Jumelle	Corstorphine	24.49 10
3	22 G Woodhouse (U20)	Giffnock	24.60 8
4	30 P Bowman (U20)	Clydesdale	25.85 6
5	18 D Watson Snr	VP Glasgow	26.48 5
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

400m A			
1	33 S Harris	Dunfermline	51.92 18
2	23 P Jumelle	Corstorphine	52.24 16
3	19 G Grieve	Whitemoss	52.46 14
4	21 D Chapman (U20)	Giffnock	52.88 12
5	27 S Tough	Fife	53.22 10
6	29 P Bowman (U20)	Clydesdale	54.90 8
7	25 A Davidson	Falkirk	55.40 6
8	17 D Watson Snr	VP Glasgow	56.45 5
9			0
10			0
11			0
12			0
13			0
14			0

400m B			
1	20 I McEwan	Whitemoss	51.61 12
2	22 A Low	Giffnock	52.66 10
3	28 R McIntosh (U17)	Fife	57.15 8
	34 D Allan (U17)	Dunfermline	61.63 0
5			0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

800m A			
1	17 A Ramsay (U20)	VP Glasgow	1:56.49 18
2	23 S Pilkington	Corstorphine	1:57.19 16
3	19 G Grieve	Whitemoss	1:57.83 14
4	29 P Bowman (U20)	Clydesdale	1:57.93 12
5	21 J Sinclair	Giffnock	2:01.77 10
6	25 A Davidson	Falkirk	2:03.70 8
7	33 O Miller (U20)	Dunfermline	2:07.11 6
8	27 R McIntosh (U17)	Fife	2:13.82 5
9			0
10			0
11			0
12			0
13			0
14			0

800m B			
1	24 F Scott (U20)	Corstorphine	2:01.43 12
2	20 S Gibson	Whitemoss	2:01.93 10
3	22 C Russell (U17)	Giffnock	2:06.51 8
4	18 D Watson Snr	VP Glasgow	2:08.22 6
5	26 A Bryce	Falkirk	2:09.03 5
6	28 C McCracken (U17)	Fife	2:10.57 4
7	30 R Nelson (U20)	Clydesdale	2:16.18 3
8			0
9			0
10			0
11			0
12			0
13			0
14			0

1500m A			
1	18 D Gibb	VP Glasgow	4:04.35 18
2	21 M Fishwick (U20)	Giffnock	4:09.06 16
3	23 F Scott (U20)	Corstorphine	4:12.12 14
4	33 O Miller (U20)	Dunfermline	4:20.78 12
5	25 C Johnston	Falkirk	4:38.77 10
6	28 J Howe	Fife	4:44.22 8
7	29 R Nelson (U20)	Clydesdale	4:59.50 6
8			0
9			0
10			0
11			0
12			0
13			0
14			0

1500m B			
1	17 A Ramsay (U20)	VP Glasgow	4:13.05 12
2	24 A Christy (U20)	Corstorphine	4:22.85 10
	30 T Dolan (U17)	Clydesdale	5:02.40 0
4			0
5			0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

5000m A			
1	24 A Douglas	Corstorphine	15:16.29 18
2	19 S Gibson	Whitemoss	15:36.16 16
3	22 L Trainor (U20)	Giffnock	16:24.53 14
4	28 M McPherson	Fife	16:41.10 12
5			0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

5000m B			
1	23 B Clark	Corstorphine	16:36.50 12
2	21 G Turner (U20)	Giffnock	16:46.30 10
3	27 B Cruickshank	Fife	17:36.87 8
4			0
5			0
6			0
7			0
8			0
9			0
10			0
11			0
12			0
13			0
14			0

110m Hurdles A				w/s +1.1 m/s
1	17	N Kelly	VP Glasgow	15.94 18
2	19	I McEwan	Whitemoss	16.43 16
3	27	D Low	Fife	20.27 14
4				0
5				0
6				0
7				0
8				0
9				0
10				0
11				0
12				0
13				0
14				0

110m Hurdles B				w/s +1.1 m/s
1	18	M Hayes	VP Glasgow	19.44 12
2				0
3				0
4				0
5				0
6				0
7				0
8				0
9				0
10				0
11				0
12				0
13				0
14				0

400m Hurdles A				
1	17	M Hayes	VP Glasgow	60.73 18
2				0
3				0
4				0
5				0
6				0
7				0
8				0
9				0
10				0
11				0
12				0
13				0
14				0

400m Hurdles B				
1				0
2				0
3				0
4				0
5				0
6				0
7				0
8				0
9				0
10				0
11				0
12				0
13				0
14				0

3000m S/C A				
1	17	M Hayes	VP Glasgow	9:57.24 18
2	19	S Gibson	Whitemoss	10:11.27 16
3	27	N Gunstone	Fife	10:20.79 14
4	23	C O'Brien	Corstorphine	10:46.31 12
5	29	D Brown (U20)	Clydesdale	11:43.34 10
6				0
7				0
8				0
9				0
10				0
11				0
12				0
13				0
14				0

3000m S/C B				
1	24	T Ferrington	Corstorphine	11:21.58 12
2	28	J Howe	Fife	11:50.91 10
3				0
4				0
5				0
6				0
7				0
8				0
9				0
10				0
11				0
12				0
13				0
14				0

4 by 100m Relay				
1	21	LowWoodhChapmNisbe	Giffnock	46.48 18
2	23	MilneJumelSinglHamil	Corstorphine	47.37 16
3	17	SinclKellyWatsoRamsa	VP Glasgow	47.56 14
4	33	BrandMorriAllanHarri	Dunfermline	47.80 12
5	19	GibsoMcEwaMcEwaBryso	Whitemoss	48.57 10
6	29	FarreNelsoBowmaBrown	Clydesdale	49.97 8
7	27	ToughLowDuncaHowe	Fife	52.60 6
8				0
9				0
10				0
11				0
12				0
13				0
14				0

4 by 400m Relay				
1	17	LivnWatsoRamsaHayes	VP Glasgow	3:35.29 18
2	21	SinclRusseFishwTrain	Giffnock	3:39.61 16
3	23	PilkiJumelScottHamil	Corstorphine	3:47.30 14
4	27	ToughMcIntHoweMcPhe	Fife	3:56.23 12
	29	FarreNelsoBowmaBrown	Clydesdale	DQ 0
6				0
7				0
8				0
9				0
10				0
11				0
12				0
13				0
14				0

Long Jump A				
1	27	J Beimers	Fife	7.45 18
2	25	D Paul (U17)	Falkirk	6.43 16
3	17	M Taylor	VP Glasgow	5.87 14
4	19	I McEwan	Whitemoss	5.43 12
5	33	D Allan (U17)	Dunfermline	5.43 10
6	23	D Singleton	Corstorphine	5.35 8
7	22	S Nisbet	Giffnock	5.22 6
8	29	D Brown (U20)	Clydesdale	4.55 5
9				0
10				0
11				0
12				0
13				0
14				0

Long Jump B				
1	18	M Hayes	VP Glasgow	5.37 12
2	28	J Tait	Fife	5.35 10
3	24	S Hamilton	Corstorphine	5.20 8
4	21	D Chapman (U20)	Giffnock	5.11 6
5	34	D Brand (U17)	Dunfermline	4.74 5
	20	S Gibson	Whitemoss	4.47 0
7				0
8				0
9				0
10				0
11				0
12				0
13				0
14				0

Triple Jump A				
1	23	D Singleton	Corstorphine	13.19 18
2	25	D Paul (U17)	Falkirk	13.09 16
3	17	J Sinclair	VP Glasgow	11.89 14
4	27	J Tait	Fife	11.31 12
5	21	D Chapman (U20)	Giffnock	10.65 10
	29	D Brown (U20)	Clydesdale	9.76 0
7				0
8				0
9				0
10				0
11				0
12				0
13				0
14				0

Triple Jump B				
1	24	S Hamilton	Corstorphine	10.88 12
2	18	M Hayes	VP Glasgow	10.07 10
3				0
4				0
5				0
6				0
7				0
8				0
9				0
10				0
11				0
12				0
13				0
14				0

High Jump A				
1				0
2				0
3				0
4				0
5				0
6				0
7				0
8				0
9				0
10				0
11				0
12				0
13				0
14				0

High Jump B				
1				0
2				0
3				0
4				0
5				0
6				0
7				0
8				0
9				0
10				0
11				0
12				0
13				0
14				0

Pole Vault A				
1	18	S Adams (U17)	VP Glasgow	3.30 18
2	23	D Singleton	Corstorphine	2.40 16
3				0
4				0
5				0
6				0
7				0
8				0
9				0
10				0
11				0
12				0
13				0
14				0

Pole Vault B				
	17	J Thoires (U20)	VP Glasgow	NH 0
2				0
3				0
4				0
5				0
6				0
7				0
8				0
9				0
10				0
11				0
12				0
13				0
14				0

