

Scottish Athletics League (Division 1)

20 June 2010

Grangemouth

100m A				100m B							
w/s +1.5 m/s				w/s +1.4 m/s							
1	1	S Charters	Edinburgh	11.15	16	1	2	G Turnbull	Edinburgh	11.41	12
2	7	R Frost	Shettleston	11.25	14	2	10	J McLaren (U20)	Pitreevie	11.61	10
3	3	A Beaton	Central	11.28	12	3	4	S Siriwardena (U17)	Central	11.94	8
4	9	F Smith	Pitreevie	11.41	10	4	6	D Murray	Arbroath	12.24	6
5	15	C Wilson (U20)	Lasswade	11.77	8	5	16	C Carstairs (U17)	Lasswade	12.31	4
6	13	J Thompson (U20)	Ayr Seaforth	11.94	6	6	14	S Gibson (U17)	Ayr Seaforth	12.33	3
7	11	S Walker	Aberdeen	12.10	5	7	12	A Ferguson	Aberdeen	12.50	2
8	5	B Keillor	Arbroath	12.45	4	8	8	I Macdonald	Shettleston	13.01	1

400m A				400m B							
1	3	M Paterson (U20)	Central	49.40	16	1	10	E Dyer (U17)	Pitreevie	50.40	12
2	1	J Younger (U17)	Edinburgh	49.87	14	2	4	T Watson (U17)	Central	51.40	10
3	9	R Kirk	Pitreevie	51.12	12	3	2	M Burslem	Edinburgh	52.49	8
4	11	T Helyer	Aberdeen	52.36	10	4	16	R Finlayson	Lasswade	54.04	6
5	15	A Dalglish	Lasswade	54.46	8	5	14	S Jones (U17)	Ayr Seaforth	54.99	4
6	7	P Esdale	Shettleston	55.29	6	6	8	R Munro (U20)	Shettleston	55.27	3
7	13	A McElwee	Ayr Seaforth	55.93	5			12 B Gibb	Aberdeen	DQ	0
	5	A Standbridge	Arbroath	60.34	0	8					

1500m A				1500m B							
1	15	D Mulhare	Lasswade	3:46.91	16	1	4	S McDonald	Central	4:03.67	12
2	14	M Mulhare	Ayr Seaforth	3:49.77	14	2	13	F Rae (U17)	Ayr Seaforth	4:08.89	10
3	1	A Crichton (U20)	Edinburgh	3:58.08	12	3	2	A Jack (U20)	Edinburgh	4:15.71	8
4	3	S Reilly	Central	4:01.95	10	4	8	A Dearie (U20)	Shettleston	4:15.72	6
5	11	C Strachan (U20)	Aberdeen	4:02.80	8	5	6	M Colligan	Arbroath	4:18.48	4
6	7	L Oates	Shettleston	4:03.40	6	6	16	N Sheenan	Lasswade	4:21.80	3
7	5	S Campbell	Arbroath	4:15.71	5	7	12	R Leslie (U20)	Aberdeen	4:33.43	2
8	10	B Davie	Pitreevie	4:36.95	4	8					

110m Hurdles A				110m Hurdles B							
w/s +1.1 m/s				w/s +1.1 m/s							
1	5	M Downie (U20)	Arbroath	15.93	16	1	6	B Keillor	Arbroath	19.53	12
2	3	K Pearson	Central	20.09	14	2				0	0
3	15	C Menzies	Lasswade	21.99	12	3				0	0
4				0	0	4				0	0
5				0	0	5				0	0
6				0	0	6				0	0
7				0	0	7				0	0
8				0	0	8				0	0

3000m S/C A				3000m S/C B							
1	4	A Hendry (U20)	Central	9:52.49	16	1	3	M Wright	Central	10:08.67	12
2	15	C Menzies	Lasswade	10:05.90	14	2	16	G Wiatte	Lasswade	10:55.53	10
3	11	D Munro	Aberdeen	10:29.55	12	3				0	0
4	1	S Wales	Edinburgh	11:38.71	10	4				0	0
5				0	0	5				0	0
6				0	0	6				0	0
7				0	0	7				0	0
8				0	0	8				0	0

200m A				200m B							
w/s +0.5 m/3				w/s +1.9 m/s							
1	1	I Symonds (U20)	Edinburgh	22.37	16	1	2	S Charters	Edinburgh	22.53	12
2	9	F Smith	Pitreevie	22.69	14	2	10	J McLaren (U20)	Pitreevie	22.86	10
3	7	J Ruddy	Shettleston	22.75	12	3	12	B Gibb	Aberdeen	23.23	8
4	3	A Beaton	Central	23.13	10	4	4	S Freck (U20)	Central	23.54	6
5	5	M Downie (U20)	Arbroath	23.45	8	5	16	C Carstairs (U17)	Lasswade	24.51	4
6	11	T Helyer	Aberdeen	23.47	6	6	14	S Jones (U17)	Ayr Seaforth	25.01	3
7	13	J Thompson (U20)	Ayr Seaforth	24.33	5	7	8	R Ferrol (U20)	Shettleston	25.24	2
8	15	A Dalglish	Lasswade	24.87	4	8	6	B Keillor	Arbroath	25.61	1

800m A				800m B							
1	13	K Kane	Ayr Seaforth	1:53.59	16	1	2	I Whitaker	Edinburgh	1:58.94	12
2	15	R Matheson (U20)	Lasswade	1:54.03	14	2	4	S McDonald	Central	2:00.59	10
3	9	C Robertson	Pitreevie	1:54.34	12	3	16	R Finlayson	Lasswade	2:01.73	8
4	3	T Watson (U17)	Central	1:54.80	10	4	10	S McQueen	Pitreevie	2:03.61	6
5	11	M Haskett	Aberdeen	1:54.82	8	5	12	A Ferguson	Aberdeen	2:05.12	4
6	1	P Loudon (U20)	Edinburgh	1:55.24	6	6	8	R Munro (U20)	Shettleston	2:06.81	3
7	5	M Arndt	Arbroath	2:01.56	5	7				0	0
8	7	A Drummond (U20)	Shettleston	2:03.18	4	8				0	0

5000m A				5000m B							
1	7	T Mengisteab	Shettleston	14:48.70	16	1	4	L Millar	Central	15:23.29	12
2	15	D Mulhare	Lasswade	15:06.99	14	2	2	N Calder	Edinburgh	15:33.82	10
3	3	J Newsom	Central	15:17.28	12	3	8	T Fay	Shettleston	15:57.26	8
4	1	O Bristow	Edinburgh	15:32.67	10	4	16	C Menzies	Lasswade	17:12.07	6
5	9	J Farquhar	Pitreevie	16:17.47	8	5	10	B Davie	Pitreevie	17:55.99	4
6	5	S Campbell	Arbroath	16:29.53	6	6				0	0
	13	A Rae (U20)	Ayr Seaforth	18:08.81	0	7				0	0
8						8				0	0

400m Hurdles A				400m Hurdles B							
1	11	J Mann (U20)	Aberdeen	58.86	16	1	12	A Love	Aberdeen	63.14	12
2	13	A McElwee	Ayr Seaforth	59.67	14	2	4	K Morrison	Central	67.45	10
3	3	M Wright	Central	62.07	12	3	6	G Laskiewicz	Arbroath	68.86	8
4	5	B Keillor	Arbroath	63.18	10			14 L Henderson (U20)	Ayr Seaforth	DNF	0
5	15	C Menzies	Lasswade	68.56	8	5				0	0
6				0	0	6				0	0
7				0	0	7				0	0
8				0	0	8				0	0

4 by 100m Relay				4 by 400m Relay							
1	9	SmithKirkMcQueDyer	Pitreevie	44.99	16	1	1	LoudoCrichBurslYoung	Edinburgh	3:28.64	16
2	3	FreckSiriwBeatoSween	Central	46.12	14	2	11	HelyeMannFerguGibb	Aberdeen	3:31.44	14
3	7	FrostFerroEsdalRuddy	Shettleston	46.16	12	3	3	PaterMcDonReillWebst	Central	3:38.56	12
4	15	CarstWilsoWallaDalgl	Lasswade	47.07	9	4	15	MatheLyonNicolFinla	Lasswade	3:39.36	10
=	13	HendeMcElwGibsoThomp	Ayr Seaforth	47.07	9	5	13	Rae (Kane)JonesMcElw	Ayr Seaforth	3:40.21	8
6	11	Lyon AstelFerguWalke	Aberdeen	47.51	6	6	7	DrummOatesMunroDeari	Shettleston	3:47.93	6
7	5	KeillDowniMurraStand	Arbroath	47.81	5	7	5	LaskiStandKeillCampb	Arbroath	4:06.76	5
	1	TurnbChartSymonMcKay	Edinburgh	DNF	0	8				0	0

Long Jump A				
1	2	G McKay	Edinburgh	6.76 16
2	5	M Downie (U20)	Arbroath	6.55 14
3	15	C Wilson (U20)	Lasswade	6.40 12
4	7	J Ruddy	Shettleston	5.96 10
5	11	S Lyon (U20)	Aberdeen	5.95 8
6	14	L Henderson (U20)	Ayr Seaforth	5.49 6
7	4	S Siriwardena (U17)	Central	5.15 5
8				0

Long Jump B				
1	6	D Murray	Arbroath	6.52 12
2	1	C Hastings (U20)	Edinburgh	5.90 10
3	12	A Love	Aberdeen	5.66 8
4	16	D Nicol	Lasswade	5.19 6
5	3	D Webster (U17)	Central	5.03 4
	13	S Gibson (U17)	Ayr Seaforth	4.23 0
	8	I Paget	Shettleston	0
8				0

Triple Jump A				
1	11	S Lyon (U20)	Aberdeen	13.84 16
2	15	C Wilson (U20)	Lasswade	13.33 14
3	2	G McKay	Edinburgh	12.58 12
4	7	I Paget	Shettleston	12.43 10
5	3	M Wright	Central	10.80 8
6	6	G Laskiewicz	Arbroath	10.73 6
7	13	L Henderson (U20)	Ayr Seaforth	10.46 5
8				0

Triple Jump B				
1	1	P Loudon (U20)	Edinburgh	11.84 12
2	12	D Munro	Aberdeen	11.34 10
3	16	D Nicol	Lasswade	11.29 8
4	4	K Pearson	Central	10.56 6
5	5	A Standbridge	Arbroath	10.14 4
6				0
7				0
8				0

High Jump A				
1	9	D Agnew	Pitreavie	1.85 16
2	1	C Hastings (U20)	Edinburgh	1.80 14
3	6	D Murray	Arbroath	1.80 12
4	15	R Ferguson (U17)	Lasswade	1.75 10
5	13	A McElwee	Ayr Seaforth	1.70 8
6	11	S Lyon (U20)	Aberdeen	1.65 6
7	4	K Pearson	Central	1.60 5
8				0

High Jump B				
1	5	M Downie (U20)	Arbroath	1.70 12
2	2	M Fernie (U17)	Edinburgh	1.70 10
3	12	J O'Neill (U17)	Aberdeen	1.60 8
4	3	D Webster (U17)	Central	1.55 6
5	14	J Thompson (U20)	Ayr Seaforth	1.50 4
6	16	C Menzies	Lasswade	1.45 3
7				0
8				0

Pole Vault A				
1	11	S Lyon (U20)	Aberdeen	3.40 15
=	9	S Chisholm	Pitreavie	3.40 15
3	4	K Pearson	Central	3.20 12
4	15	J Grant	Lasswade	2.70 10
5				0
6				0
7				0
8				0

Pole Vault B				
1	16	F Nimmo (U17)	Lasswade	2.70 12
2	12	D Mann (U17)	Aberdeen	2.60 10
3	3	R Todd	Central	2.40 8
4				0
5				0
6				0
7				0
8				0

Shot Putt A				
1	11	S Thompson	Aberdeen	15.72 16
2	8	A Mackay	Shettleston	12.78 14
3	4	G Sweeney	Central	11.79 12
4	6	C Smith	Arbroath	10.86 10
5	10	D Agnew	Pitreavie	10.49 8
6	1	A Robertson (U20)	Edinburgh	8.73 6
7	15	J Grant	Lasswade	8.35 5
8				0

Shot Putt B				
1	12	D Chapman	Aberdeen	12.47 12
2	5	R Rogers	Arbroath	10.81 10
3	9	-	Pitreavie	10.16 8
4	7	D Little	Shettleston	9.54 6
5	3	R Todd	Central	8.68 4
6	16	T Weir	Lasswade	7.77 3
7				0
8				0

Discus A				
1	11	S Thompson	Aberdeen	52.61 16
2	7	A McInroy	Shettleston	51.33 14
3	5	R Rogers	Arbroath	33.44 12
4	4	G Sweeney	Central	30.34 10
5	9	D Agnew	Pitreavie	30.17 8
	15	E Kopystynski	Lasswade	19.75 0
	13	K Kane	Ayr Seaforth	18.07 0
8				0

Discus B				
1	8	A Mackay	Shettleston	40.71 12
2	12	D Chapman	Aberdeen	30.74 10
3	3	R Todd	Central	27.78 8
4	6	G Laskiewicz	Arbroath	27.31 6
	15	E Kopystynski	Lasswade	19.73 0
6				0
7				0
8				0

Hammer A				
1	9	A Frost	Pitreavie	64.64 16
2	7	D Little	Shettleston	53.86 14
3	11	S Thompson	Aberdeen	45.51 12
4	5	R Rogers	Arbroath	31.85 10
5	3	R Todd	Central	29.19 8
6	1	A Robertson (U20)	Edinburgh	22.01 6
7	16	E Kopystynski	Lasswade	20.49 5
8				0

Hammer B				
1	6	C Smith	Arbroath	30.89 12
2	8	A Mackay	Shettleston	26.57 10
3	15	J Grant	Lasswade	20.20 8
4				0
5				0
6				0
7				0
8				0

Javelin A				
1	5	C Smith	Arbroath	52.74 16
2	11	S Thompson	Aberdeen	52.60 14
3	3	K Pearson	Central	39.66 12
4	9	-	Pitreavie	35.98 10
5	1	A Robertson (U20)	Edinburgh	35.24 8
6	14	J Thompson (U20)	Ayr Seaforth	31.26 6
7	15	J Whyman	Lasswade	26.90 5
8				0

Javelin B				
1	6	A Standbridge	Arbroath	48.34 12
2	4	G Sweeney	Central	34.22 10
3	12	D Chapman	Aberdeen	26.94 8
	13	A McElwee	Ayr Seaforth	24.62 0
	16	E Kopystynski	Lasswade	24.32 0
6				0
7				0
8				0

Notes

Shot Putt B - Pitreavie athlete not registered (no date of birth given) - 8 point penalty.
 Same athlete used in Javelin A - 10 point penalty.
 E Dyer's date of birth confirmed (after appeal) as 12/6/94 not 12/6/96 (very difficult to read on registration form).

 Scrutiny complete 20/6/10 (updated 23/6/10 after appeal).

Total Points 1890

Penalty Points
0
0
0
0
0
0
18
0

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Match Result

	Match Points	Pts
Central	336	8
Aberdeen	282	7
Lasswade	259	6
Edinburgh	256	5
Arbroath	243	4
Shettleston	189	3
Pitreavie	181	2
Ayr Seaforth	126	1

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League Positions

	Match Points	Pts	
1	Central	691.5	16
2	Aberdeen	624	14
3	Edinburgh	529.5	11
4	Lasswade	502	10
5	Arbroath	494	9
6	Pitreavie	338	5
7	Shettleston	256.5	4
8	Ayr Seaforth	268.5	3

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