

Scottish Athletics League (Division 1)

12 July 2009

Meadowbank

100m A				100m B			
1	J Coull	Pitreavie	10.77 16	1	R Frost	Shettleston	11.02 12
2	I Macdonald	Shettleston	10.91 14	2	D Clark	VP_Glasgow	11.12 10
3	K Henderson (U17)	Central	10.96 12	3	A Beaton	Central	11.21 8
4	C Innes (U20)	VP_Glasgow	11.00 10	4	S Suksamer (U20)	Pitreavie	11.23 6
5	C Lavery	Arbroath	11.02 8	5	C Girvan (U17)	Edinburgh	11.32 4
6	I McEwan Jnr	Whitemoss	11.11 6	6	P Mutch	Aberdeen	11.90 3
7	F McCabe	Aberdeen	11.97 5	7	D Murray	Arbroath	11.94 2
8	S Connerton	Edinburgh	12.14 4	8	M Stringer	Whitemoss	13.15 1

400m A				400m B			
1	I Garioch	Aberdeen	47.96 16	1	B Gibb	Aberdeen	50.73 12
2	S Watson	Shettleston	48.91 14	2	G Phillips	Shettleston	51.09 10
3	A Young (U17)	Pitreavie	49.33 12	3	A Ramsay (U20)	VP_Glasgow	51.31 8
4	G Innes (U20)	VP_Glasgow	50.25 10	4	G Lister	Pitreavie	52.77 6
5	J Macphail (U20)	Central	52.34 8	5	C Brown (U2)	Edinburgh	53.27 4
6	T Harris (U20)	Edinburgh	53.85 6	6	B Keillor	Arbroath	56.98 3
7	M Arndt	Arbroath	54.07 5	7			0
8			0	8			0

1500m A				1500m B			
1	M Turner	Shettleston	4:01.68 16	1	J Joy (U20)	Aberdeen	4:05.44 12
2	S Ross (U20)	VP_Glasgow	4:01.79 14	2	L Oates (U20)	Shettleston	4:06.93 10
3	M Haskett	Aberdeen	4:02.64 12	3	S Fontana (U20)	VP_Glasgow	4:07.26 8
4	A Butchart (U20)	Central	4:06.76 10	4	E Dudgeon (U17)	Edinburgh	4:10.78 6
5	A Crichton (U20)	Edinburgh	4:08.23 8	5	M Wright	Central	4:25.48 4
6	G Grieve	Whitemoss	4:15.17 6	6	M Duthie	Whitemoss	4:34.54 3
7	A Standbridge	Arbroath	4:59.22 5		L Morrison (U20)	Arbroath	5:00.04 0
8			0	8			0

110m Hurdles A				110m Hurdles B			
1	I Macdonald	Shettleston	15.45 16	1	N Hobday	Arbroath	16.99 12
2	A Henderson	Arbroath	16.25 14		M Stringer	Whitemoss	22.08 0
3	I McEwan Jnr	Whitemoss	17.08 12		E McKenzie	Aberdeen	23.30 0
4	S Connerton	Edinburgh	19.01 10	4			0
5	M Burns	Pitreavie	20.42 8	5			0
	K Morice	Aberdeen	DNF 0	6			0
7			0	7			0
8			0	8			0

3000m S/C A				3000m S/C B			
1	M Wright	Central	9:57.58 16	1	S Wales	Edinburgh	11:25.33 12
2	S Gibson	Whitemoss	10:25.34 14	2	A Milne	Central	11:29.96 10
3	A Lee	Shettleston	10:57.20 12	3			0
4	S Irwin	Pitreavie	11:05.60 10	4			0
5	T Ryan (U20)	Edinburgh	11:09.21 8	5			0
6	L Morrison (U20)	Arbroath	11:45.09 6	6			0
7			0	7			0
8			0	8			0

200m A				200m B			
1	J Coull	Pitreavie	21.60 16	1	C Innes (U20)	VP_Glasgow	22.60 12
2	C Lavery	Arbroath	22.13 14	2	S Suksamer (U20)	Pitreavie	22.85 10
3	D Clark	VP_Glasgow	22.35 12	3	P Mutch	Aberdeen	23.81 8
4	J Ruddy (U20)	Shettleston	22.61 10	4	M Paterson (U17)	Central	23.98 6
5	I McEwan Jnr	Whitemoss	22.74 8	5	R White (U20)	Arbroath	25.01 4
6	B Gibb	Aberdeen	22.76 6	6	S Connerton	Edinburgh	25.01 3
7	A Beaton	Central	22.78 5	7	R Ferrol (U20)	Shettleston	25.55 2
8	C Girvan (U17)	Edinburgh	23.28 4		M Stringer	Whitemoss	27.65 0

800m A				800m B			
1	M Turner	Shettleston	1:55.28 16	1	M Haskett	Aberdeen	1:57.40 12
2	A Ramsay (U20)	VP_Glasgow	1:55.61 14	2	D Gibb	VP_Glasgow	1:59.89 10
3	J Joy (U20)	Aberdeen	1:56.86 12	3	A Crichton (U20)	Edinburgh	2:01.23 8
4	C Robertson	Pitreavie	1:57.64 10	4	A Drummond (U17)	Shettleston	2:03.91 6
5	G Grieve	Whitemoss	1:58.07 8	5	I McDonald	Central	2:08.16 4
6	P Loudon (U17)	Edinburgh	1:58.87 6	6	R White (U20)	Arbroath	2:18.59 3
7	A Butchart (U20)	Central	1:59.44 5	7			0
8	M Arndt	Arbroath	1:59.85 4	8			0

5000m A				5000m B			
1	M Gillespie (U20)	Shettleston	15:08.90 16	1	M Duthie	Whitemoss	16:56.71 12
2	O Bristow	Edinburgh	15:23.11 14	2	F Boyne	Aberdeen	17:04.33 10
3	L Millar	Central	15:35.32 12	3	B Davie	Pitreavie	17:09.54 8
4	B Hukins	Aberdeen	15:50.42 10		G Craig	VP_Glasgow	18:08.72 0
5	S Gibson	Whitemoss	16:15.26 8		S Wales	Edinburgh	18:41.15 0
6	J Farquhar	Pitreavie	16:33.65 6		M Shepherd	Arbroath	20:21.92 0
7	D Gibb	VP_Glasgow	16:52.77 5	7			0
	C Morrison	Arbroath	19:27.83 0	8			0

400m Hurdles A				400m Hurdles B			
1	G Innes (U20)	VP_Glasgow	55.22 16	1	B Keillor	Arbroath	61.73 12
2	J Macphail (U20)	Central	56.01 14	2	N Murray	VP_Glasgow	64.44 10
3	T Harris (U20)	Edinburgh	57.33 12	3	K Morice	Aberdeen	73.16 8
4	M Burns	Pitreavie	58.83 10	4			0
5	A Henderson	Arbroath	61.06 8	5			0
6	P Mutch	Aberdeen	65.53 6	6			0
7			0	7			0
8			0	8			0

4 by 100m Relay				4 by 400m Relay			
1	GirvaMcKayNewpoConne	Edinburgh	44.77 16	1	InnesRamsaFontaRoss	VP_Glasgow	3:29.56 16
2	CoullYoungSuksaBurns	Pitreavie	44.96 14	2	RoberYoungIrwinBurns	Pitreavie	3:32.93 14
3	HendeBeatoCarruSiriw	Central	45.69 12	3	BrownLoudoWyseDudge	Edinburgh	3:33.84 12
4	GibbMcCabMutchBrodi	Aberdeen	45.88 10	4	HaskeJoyGibbBrodi	Aberdeen	3:36.85 10
5	BrysaMcEwaCampbGriev	Whitemoss	46.47 8	5	MacphMcDonSiriwPater	Central	3:44.50 8
6	LaverMurraKeillHobda	Arbroath	46.62 6	6	OatesMunroOatesGille	Shettleston	3:49.43 6
7	FrostRuddyFerroMacDo	Shettleston	46.72 5	7	KeillHobdaStandLaski	Arbroath	3:51.93 5
8	RossRamsalInnesMurra	VP_Glasgow	46.78 4	8			0

Long Jump A

1	G McKay	Edinburgh	6.80	16
2	D Todd (U20)	Pitreavie	6.37	14
3	D Murray	Arbroath	6.17	12
4	J Ruddy (U20)	Shettleston	6.05	10
5	S Tough	Central	5.88	8
6	I McEwan Jnr	Whitemoss	5.11	6
7	C Murray	VP_Glasgow	4.90	5
8	K Morice	Aberdeen	4.85	4

Long Jump B

1	M Downie (U17)	Arbroath	6.17	12
2	J Newport (U17)	Edinburgh	5.93	10
3	M Burns	Pitreavie	5.34	8
4	G Fowler (U17)	Shettleston	5.20	6
5	M Stringer	Whitemoss	4.69	4
6	D Clark	VP_Glasgow	4.64	3
	E McKenzie	Aberdeen	4.33	0
8				0

Triple Jump A

1	N Hobday	Arbroath	12.70	16
2	D Todd (U20)	Pitreavie	12.18	14
3	P Loudon (U17)	Edinburgh	11.55	12
4	N Murray	VP_Glasgow	11.18	10
5	D Taylor (U17)	Shettleston	10.68	8
6			0	0
7			0	0
8			0	0

Triple Jump B

1	J Newport (U17)	Edinburgh	11.48	12
2	A Henderson	Arbroath	11.23	10
3	T Campbell	VP_Glasgow	11.11	8
4	S Wallace	Pitreavie	10.60	6
5	P O'Donnell (U17)	Shettleston	10.04	4
6			0	0
7			0	0
8			0	0

High Jump A

1	S Herron	Edinburgh	1.90	16
2	J McCafferty (U20)	VP_Glasgow	1.85	14
3	K Henderson (U17)	Central	1.85	12
4	D Murray	Arbroath	1.80	10
5	D Taylor (U17)	Shettleston	1.65	8
6	I McEwan Snr	Whitemoss	1.55	6
7	M Burns	Pitreavie	1.45	5
8	K Morice	Aberdeen	1.45	4

High Jump B

1	T Campbell	VP_Glasgow	1.85	12
2	M Downie (U17)	Arbroath	1.75	10
3	G Fowler (U17)	Shettleston	1.60	8
4			0	0
5			0	0
6			0	0
7			0	0
8			0	0

Pole Vault A

1	J Sinclair (U20)	VP_Glasgow	4.20	16
2	D Graham	Arbroath	4.00	14
3	C Sharp (U20)	Shettleston	3.60	12
4	S Chisholm	Pitreavie	3.60	10
5	R Todd	Central	3.40	8
6	J Robertson (U20)	Whitemoss	3.00	6
7	B Masson	Aberdeen	2.60	5
8			0	0

Pole Vault B

1	J Thoirs (U17)	VP_Glasgow	3.60	12
2	M Downie (U17)	Arbroath	3.30	10
3	P O'Donnell (U17)	Shettleston	3.20	8
4	K Morice	Aberdeen	2.40	6
5			0	0
6			0	0
7			0	0
8			0	0

Shot Putt A

1	W Falconer	Edinburgh	14.06	16
2	A Mackay (U20)	Shettleston	12.15	14
3	F McCabe	Aberdeen	11.87	12
4	M Taylor	VP_Glasgow	11.72	10
5	G Sweeney	Central	11.38	8
6	M Brennan	Whitemoss	11.20	6
7	R Rogers	Arbroath	10.33	5
8	D Litchfield	Pitreavie	10.26	4

Shot Putt B

1	E McKenzie	Aberdeen	10.15	12
2	D Little	Shettleston	9.35	10
3	G Laskiewicz	Arbroath	9.25	8
4	G Farrell	VP_Glasgow	9.21	6
5	R Todd	Central	8.70	4
6	C Murray	Edinburgh	8.66	3
7	I McEwan Jnr	Whitemoss	8.63	2
8			0	0

Discus A

1	W Falconer	Edinburgh	40.37	16
2	A Mackay (U20)	Shettleston	38.60	14
3	R Rogers	Arbroath	37.80	12
4	F McCabe	Aberdeen	35.42	10
5	G Farrell	VP_Glasgow	33.02	8
6	R Todd	Central	30.80	6
7	I McEwan Jnr	Whitemoss	22.72	5
8			0	0

Discus B

1	K Thompson	Edinburgh	32.72	12
2	E McKenzie	Aberdeen	32.69	10
3	M Taylor	VP_Glasgow	31.82	8
4	D Little	Shettleston	31.28	6
5	G Sweeney	Central	28.39	4
6	G Laskiewicz	Arbroath	27.16	3
7	M Brennan	Whitemoss	21.13	2
8			0	0

Hammer A

1	D Little	Shettleston	55.66	16
2	P Holmes	Edinburgh	50.56	14
3	G Farrell	VP_Glasgow	32.88	12
4	E McKenzie	Aberdeen	30.19	10
5	G Sweeney	Central	28.38	8
6	R Rogers	Arbroath	26.77	6
7	M Brennan	Whitemoss	25.70	5
8			0	0

Hammer B

1			0	0
2			0	0
3			0	0
4			0	0
5			0	0
6			0	0
7			0	0
8			0	0

Javelin A

1	A Standbridge	Arbroath	49.89	16
2	M Taylor	VP_Glasgow	48.08	14
3	M Paterson (U20)	Edinburgh	45.08	12
4	T Brodie (U20)	Aberdeen	40.11	10
5	G Sweeney	Central	36.21	8
6	S Chisholm	Pitreavie	34.68	6
7	M Brennan	Whitemoss	34.50	5
8			0	0

Javelin B

1	J McCafferty (U20)	VP_Glasgow	42.98	12
2	N Hobday	Arbroath	42.89	10
3	T Joy (U20)	Aberdeen	36.27	8
4	R Todd	Central	33.55	6
5	C Murray	Edinburgh	33.45	4
6	D Litchfield	Pitreavie	26.18	3
	M Stringer	Whitemoss	21.84	0
8			0	0

Notes

Windspeeds: 100mA +2.8 m/s, 100mB +2.7 m/s 200mA +0.9 m/s, 200mB +3.0 m/s 110mHA +2.4 m/s, 110mHB +4.3 m/s Scrutiny complete.

Match Result

Penalty Points	Match Points	Pts
0	VP_Glasgow	309
0	Shettleston	289
0	Edinburgh	280
0	Arbroath	265
0	Aberdeen	243
0	Pitreavie	216
0	Central	206
0	Whitemoss	133

League Positions

	Match Points	Pts
1	Edinburgh	933
2	Shettleston	799
3	Central	830
4	Arbroath	827.5
5	Aberdeen	774.5
6	VP_Glasgow	659
7	Pitreavie	703
8	Whitemoss	398