

Scottish Athletics League (Division 1)

31 May 2009

Grangemouth

100m A				100m B			
1	R Oswald	Pitreavie	10.98 16	1	G Turnbull	Edinburgh	11.62 12
2	I Macdonald	Shettleston	11.26 14	2	R Frost	Shettleston	11.72 10
3	S Charters	Edinburgh	11.30 12	3	S Suksamer (U20)	Pitreavie	12.00 8
4	M Burslem	Arbroath	11.77 10	4	M Hester (U20)	VP_Glasgow	12.04 6
5	S Walker	Aberdeen	11.96 8	5	S Tough	Central	12.11 4
6	S Malone (U20)	Central	11.96 6	6	M McConnachie (U20)	Arbroath	12.56 3
7	A Kassim	VP_Glasgow	12.11 5	7	K Morice	Aberdeen	13.01 2
8			0	8			0

400m A				400m B			
1	S Watson	Shettleston	48.50 16	1	S Hood (U20)	Edinburgh	50.36 12
2	S Hughson (U20)	Edinburgh	49.00 14	2	M Hester (U20)	VP_Glasgow	51.40 10
3	M Burslem	Arbroath	50.45 12	3	T Helyer	Aberdeen	51.68 8
4	B Gibb	Aberdeen	51.17 10	4	M Paterson (U17)	Central	51.76 6
5	G Innes (U20)	VP_Glasgow	51.57 8	5	M Burns	Pitreavie	52.20 4
6	D Ferguson (U20)	Central	51.72 6	6	J Ruddy	Shettleston	52.43 3
7	G Lister	Pitreavie	53.55 5	7	P Feighan (U20)	Arbroath	56.34 2
8			0	8			0

1500m A				1500m B			
1	A Butchart (U20)	Central	4:06.41 16	1	S Green (U17)	Central	4:07.79 12
2	C Strachan (U20)	Aberdeen	4:07.38 14	2	J Joy (U20)	Aberdeen	4:08.60 10
3	M Gillespie (U20)	Shettleston	4:08.30 12	3	S Fontana (U20)	VP_Glasgow	4:10.23 8
4	R O'Hare	Edinburgh	4:08.50 10	4	A Crichton (U20)	Edinburgh	4:11.28 6
5	D Gibb	VP_Glasgow	4:09.04 8	5	M Colligan	Arbroath	4:18.34 4
6	S Campbell	Arbroath	4:09.80 6	6	K McCoy	Shettleston	4:24.74 3
7			0	7			0
8			0	8			0

110m Hurdles A				110m Hurdles B			
1	F Smith	Pitreavie	14.92 16	1	S Malone	Central	18.19 12
2	I Macdonald	Shettleston	15.37 14	2	M Burns	Pitreavie	19.71 10
3	C Innes (U20)	VP_Glasgow	15.94 12	3	G Laskiewicz	Arbroath	20.68 8
4	S Tough	Central	18.02 10	4			0
5	S Connerton	Edinburgh	19.39 8	5			0
6	K Morice	Aberdeen	20.98 6	6			0
	A Henderson	Arbroath	DNF 0	7			0
8			0	8			0

3000m S/C A				3000m S/C B			
1	M Deason	Shettleston	9:38.83 16	1	A Lee	Shettleston	10:37.24 12
2	M Wright	Central	9:42.47 14	2	D Steel	Edinburgh	12:01.27 10
3	S Gibson	Whitemoss	10:07.69 12		M Shepherd	Arbroath	13:21.90 0
4	F Mann (U20)	Edinburgh	10:40.81 10	4			0
5	L Morrison (U20)	Arbroath	11:40.60 8	5			0
6			0	6			0
7			0	7			0
8			0	8			0

200m A				200m B			
1	R Oswald	Pitreavie	21.86 16	1	J Ruddy	Shettleston	22.85 12
2	C Innes (U20)	VP_Glasgow	22.44 14	2	G Turnbull	Edinburgh	22.92 10
3	S Charters	Edinburgh	22.48 12	3	Z Bryson (U17)	Whitemoss	23.07 8
4	A Stuart	Shettleston	22.49 10	4	S McQueen	Pitreavie	23.53 6
5	J Macphail (U20)	Central	22.77 8	5	A Kassim	VP_Glasgow	23.67 4
6	S Walker	Aberdeen	23.91 6	6	P Mutch	Aberdeen	24.19 3
7	M McConnachie (U20)	Arbroath	25.67 5	7	G Sweeney	Central	24.69 2
	M Stringer	Whitemoss	27.70 0	8	B Keillor	Arbroath	25.38 1

800m A				800m B			
1	G Philips	Shettleston	1:54.78 16	1	A Butchart (U20)	Central	2:00.35 12
2	M Haskett	Aberdeen	1:56.65 14	2	A Drummond (U17)	Shettleston	2:01.28 10
3	M Arndt	Arbroath	1:59.98 12	3	R Leslie (U20)	Aberdeen	2:05.31 8
4	I Whitaker	Edinburgh	2:00.45 10	4	G Milne (U20)	Arbroath	2:11.27 6
5	G Lister	Pitreavie	2:00.59 8	5	P Loudon (U17)	Edinburgh	2:11.60 4
6	S Gibson	Whitemoss	2:02.33 6		A Campbell	Whitemoss	DNF 0
7	I McDonald	Central	2:07.62 5	7			0
8			0	8			0

5000m A				5000m B			
1	T Mengisteab	Shettleston	14:47.26 16	1	L Millar	Central	15:57.26 12
2	A Hendry (U20)	Central	15:48.32 14	2	M Colligan	Arbroath	16:27.59 10
3	S Campbell	Arbroath	16:24.15 12	3	W Coyle	Shettleston	16:39.38 8
4	R Fulton (U20)	Aberdeen	16:30.29 10	4	A Priestley	Edinburgh	16:52.46 6
5	N Calder	Edinburgh	16:40.54 8		D Shinnie	Aberdeen	18:05.56 0
6	J Farquhar	Pitreavie	16:53.72 6	6			0
7			0	7			0
8			0	8			0

400m Hurdles A				400m Hurdles B			
1	F Smith	Pitreavie	53.74 16	1	M Hayes	VP_Glasgow	58.06 12
2	J Macphail (U20)	Central	56.59 14	2	M Burns	Pitreavie	58.19 10
3	G Innes (U20)	VP_Glasgow	56.63 12	3	S Connerton	Edinburgh	64.28 8
4	T Harris (U20)	Edinburgh	59.72 10	4	P Mutch	Aberdeen	65.25 6
5	B Keillor	Arbroath	64.82 8	5	R White (U20)	Arbroath	65.32 4
6	K Morice	Aberdeen	70.09 6	6	K Morrison	Central	67.91 3
7			0	7			0
8			0	8			0

4 by 100m Relay				4 by 400m Relay			
1	SuksaMcQueBurnsOswal	Pitreavie	44.01 16	1	HollIWhitaHoodHughs	Edinburgh	3:27.05 16
2	InnesKassilInnesHeste	VP_Glasgow	44.31 14	2	PaterToughFerguMacph	Central	3:28.67 14
3	TurnbJonesConneChart	Edinburgh	44.86 12	3	ListeMcQueOswalBurns	Pitreavie	3:30.79 12
	McKeoClarkMutchWalke	Aberdeen	46.03 10	4	HaskeJoyGibbHelye	Aberdeen	3:32.19 10
5	BurslHendeFeighKeill	Arbroath	46.41 8	5	HesteGibblInnesFonta	VP_Glasgow	3:37.51 8
	MalonSiriwPaterSween	Central	DNF 0	6	WatsoRuddyMengiMcCoy	Shettleston	3:42.52 6
7			0	7	BurslLaskiMilneWhite	Arbroath	3:49.82 5
8			0	8			0

Long Jump A

1	G McKay	Edinburgh	6.75	16
2	K Henderson (U17)	Central	6.55	14
3	D Agnew	Pitreavie	6.28	12
4	D Murray	Arbroath	6.15	10
5	W Smy (U20)	Aberdeen	6.13	8
6	J Ruddy	Shettleston	5.64	6
7	N Murray	VP_Glasgow	5.29	5
8	M Stringer	Whitemoss	4.89	4

Long Jump B

1	J Newport (U17)	Edinburgh	6.13	12
2	M Downie (U17)	Arbroath	6.10	10
3	M Burns	Pitreavie	5.75	8
4	H Watson	Shettleston	5.40	6
5	S Clark (U17)	Aberdeen	5.35	4
6	K Stoddart	Whitemoss	4.75	3
7				0
8				0

Triple Jump A

1	S Lyon (U17)	Aberdeen	12.74	16
2	H Watson	Shettleston	12.15	14
3	P Loudon (U17)	Edinburgh	11.84	12
4	M Burns	Pitreavie	11.82	10
5	A Henderson	Arbroath	11.44	8
6	S Malone (U20)	Central	11.35	6
7	N Murray	VP_Glasgow	10.60	5
8				0

Triple Jump B

1	S Clark (U17)	Aberdeen	12.61	12
2	B Keillor	Arbroath	10.84	10
3	S Connerton	Edinburgh	10.62	8
4	R Todd	Central	10.11	6
5				0
6				0
7				0
8				0

High Jump A

1	T Campbell	VP_Glasgow	1.95	16
2	K Henderson (U17)	Central	1.95	14
3	D Murray	Arbroath	1.85	12
4	W Smy (U20)	Aberdeen	1.80	9
=	G MacLean (U20)	Edinburgh	1.80	9
6	G Loudon	Pitreavie	1.65	6
7	C Sharp (U20)	Shettleston	1.50	5
8				0

High Jump B

1	M Downie (U17)	Arbroath	1.75	12
2	K Pearson	Central	1.60	10
3	N Murray	VP_Glasgow	1.60	8
4	S Spence (U17)	Edinburgh	1.60	6
5	P Mutch	Aberdeen	1.45	4
6				0
7				0
8				0

Pole Vault A

1	C Sharp (U20)	Shettleston	4.40	16
2	G MacLean (U20)	Edinburgh	4.40	14
3	J Thoires (U17)	VP_Glasgow	4.30	12
4	S Tough	Central	3.40	10
5	S Chisholm	Pitreavie	3.40	8
6	J Robertson (U20)	Whitemoss	2.80	6
7	M Downie (U17)	Arbroath	2.80	4.5
=	B Masson	Aberdeen	2.80	4.5

Pole Vault B

1	D Winch	Shettleston	3.60	12
2	R Todd	Central	2.80	10
3	S Lyon (U17)	Aberdeen	2.80	8
4				0
5				0
6				0
7				0
8				0

Shot Putt A

1	A McInroy	Shettleston	14.67	16
2	W Falconer	Edinburgh	14.54	14
3	A Frost	Pitreavie	11.77	12
4	G Sweeney	Central	11.74	10
5	F McCabe	Aberdeen	11.35	8
6	M Brennan	Whitemoss	11.02	6
7	R Rogers	Arbroath	10.31	5
8	G Farrell	VP_Glasgow	9.33	4

Shot Putt B

1	A Mackay (U20)	Shettleston	13.32	12
2	E McKenzie	Aberdeen	10.30	10
3	G Laskiewicz	Arbroath	9.85	8
4	C Murray	Edinburgh	9.36	6
5	R Todd	Central	9.18	4
6	G Loudon	Pitreavie	8.44	3
7	K Stoddart	Whitemoss	7.63	2
8				0

Discus A

1	A McInroy	Shettleston	50.58	16
2	W Falconer	Edinburgh	41.07	14
3	R Rogers	Arbroath	35.77	12
4	G Farrell	VP_Glasgow	35.31	10
5	G Sweeney	Central	31.66	8
6	F McCabe	Aberdeen	30.68	6
7	M Brennan	Whitemoss	30.28	5
8	G Loudon	Pitreavie	21.46	4

Discus B

1	A Mackay (U20)	Shettleston	38.90	12
2	J McCafferty (U20)	VP_Glasgow	34.53	10
3	K Thompson	Edinburgh	32.28	8
4	E McKenzie	Aberdeen	29.24	6
5	R Todd	Central	28.10	4
6	G Laskiewicz	Arbroath	26.02	3
7				0
8				0

Hammer A

1	A Frost	Pitreavie	70.36	16
2	M Dry	Shettleston	65.79	14
3	W Falconer	Edinburgh	38.32	12
4	R Rogers	Arbroath	36.08	10
5	G Farrell	VP_Glasgow	33.28	8
6	E McKenzie	Aberdeen	32.25	6
7	R Todd	Central	31.33	5
8	M Brennan	Whitemoss	24.92	4

Hammer B

1	D Little	Shettleston	53.55	12
2	G Sweeney	Central	28.88	10
3	G Laskiewicz	Arbroath	24.45	8
4	K Morice	Aberdeen	22.82	6
5	K Stoddart	Whitemoss	20.29	4
	C Murray	Edinburgh	16.86	0
7				0
8				0

Javelin A

1	B Korda	Edinburgh	58.65	16
2	C Smith	Arbroath	56.21	14
3	M Dry	Shettleston	47.01	12
4	J McCafferty (U20)	VP_Glasgow	43.21	10
5	T Joy (U20)	Aberdeen	39.13	8
6	M Brennan	Whitemoss	37.87	6
7	G Sweeney	Central	36.66	5
8	G Loudon	Pitreavie	31.10	4

Javelin B

1	A Smith	Arbroath	49.38	12
2	K Pearson	Central	36.17	10
3	E McKenzie	Aberdeen	36.05	8
4	C Murray	Edinburgh	34.33	6
5	M Hayes	VP_Glasgow	32.40	4
6	S Chisholm	Pitreavie	29.73	3
7	K Stoddart	Whitemoss	27.78	2
8				0

Notes

Windspeeds: 100mA (-1.4 m/s), 100mB (-3.4 m/s), 200mA (+1.6 m/s), 200mB (-0.7 m/s), 110mH A(-2.6 m/s)

110mH B (-0.9 m/s)

Hammer A: 70.36m from A Frost is a league record

Whitemoss penalised 8 points for using Z Bryson (U17) in the 200m without having registered the required standard.

Shettleston penalised 27 points for using unregistered athlete J Ruddy in four events.

Match Result

Penalty Points	Match Points	Pts	
0	Edinburgh	343	8
27	Shettleston	304	7
0	Central	296	6
0	Arbroath	262.5	5
0	Aberdeen	254.5	4
0	Pitreavie	235	3
0	VP_Glasgow	213	2
8	Whitemoss	60	1

League Positions

	Match Points	Pts	
1	Edinburgh	653	15
2	Central	624	14
3	Arbroath	562.5	11
4	Shettleston	510	10
5	Aberdeen	531.5	9
6	Pitreavie	487	7
7	VP_Glasgow	350	3
8	Whitemoss	265	3