

Scottish Athletics League (Division 1)

19 April 2009

Meadowbank

100m A				100m B			
1	R Oswald	Pitreavie	11.03 16	1	J Coull	Pitreavie	11.23 12
2	S Charters	Edinburgh	11.31 14	2	K Congdon (U20)	Edinburgh	11.81 10
3	C Innes (U20)	VP_Glasgow	11.42 12	3	S Malone (U20)	Central	11.93 8
4	C Lavery	Arbroath	11.59 10	4	S Walker	Aberdeen	12.10 6
5	I McEwan Jnr	Whitemoss	11.60 8	5	D Murray	Arbroath	12.26 4
6	R Frost	Shettleston	11.76 6	6	D Little	Shettleston	12.46 3
7	A Beaton	Central	11.77 5	7	R Holmes (U20)	Whitemoss	12.54 2
8	L Williamson	Aberdeen	11.92 4	8			0

400m A				400m B			
1	F Smith	Pitreavie	48.50 16	1	A Young (U17)	Pitreavie	49.74 12
2	S Hood (U20)	Edinburgh	50.11 14	2	D Watson Snr	VP_Glasgow	54.60 10
3	S Davidson	Whitemoss	50.68 12	3	T Harris (U20)	Edinburgh	54.98 8
4	M Burslem	Arbroath	51.36 10	4	P Feighan (U20)	Arbroath	55.49 6
5	D Ferguson (U20)	Central	51.54 8	5	P Mutch	Aberdeen	56.96 4
6	T Roads	Aberdeen	53.74 6	6	P White	Whitemoss	57.95 3
7	P Easdale	Shettleston	54.76 5	7			0
8	A Kassim	VP_Glasgow	57.45 4	8			0

1500m A				1500m B			
1	C Robertson	Pitreavie	3:59.03 16	1	S Green (U17)	Central	4:07.23 12
2	G Philips	Shettleston	4:00.30 14	2	A Ramsay (U20)	VP_Glasgow	4:11.52 10
3	A Butchart (U20)	Central	4:05.63 12	3	R Leslie (U20)	Aberdeen	4:24.38 8
4	R O'Hare	Edinburgh	4:05.77 10	4	M Duthie	Whitemoss	4:26.14 6
5	S Campbell	Arbroath	4:06.63 8	5	T Fleming (U20)	Pitreavie	4:28.97 4
6	D Gibb	VP_Glasgow	4:09.84 6	6	A Stoane	Edinburgh	4:40.41 3
7	A Campbell	Whitemoss	4:13.06 5	7	G Milne (U20)	Arbroath	4:42.80 2
8	J Joy (U20)	Aberdeen	4:18.78 4	8			0

110m Hurdles A				110m Hurdles B			
1	C Innes (U20)	VP_Glasgow	16.59 16	1	C McEwan	Whitemoss	17.93 12
2	I McEwan Jnr	Whitemoss	17.16 14	2	T Brodie	Aberdeen	19.70 10
3	S Malone (U20)	Central	17.57 12	3	C Christie	Central	20.83 8
4	M Burns	Pitreavie	19.83 10	4			0
5	K Morice	Aberdeen	19.87 8	5			0
6	B Keillor	Arbroath	21.09 6	6			0
7			0	7			0
8			0	8			0

3000m S/C A				3000m S/C B			
1	L Oates (U20)	Shettleston	9:51.32 16	1	T Ryan (U20)	Edinburgh	11:03.54 12
2	M Wright	Central	10:03.43 14	2	A Milne	Central	11:33.78 10
3	S Gibson	Whitemoss	10:09.16 12	3			0
4	F Boyne	Aberdeen	10:25.99 10	4			0
5	F Mann (U20)	Edinburgh	11:02.56 8	5			0
6	L Morrison (U20)	Arbroath	11:06.85 6	6			0
7			0	7			0
8			0	8			0

200m A				200m B			
1	J Coull	Pitreavie	21.78 16	1	R Oswald	Pitreavie	22.08 12
2	C Lavery	Arbroath	22.42 14	2	C McEwan	Whitemoss	23.30 10
3	S Charters	Edinburgh	22.57 12	3	K Congdon (U20)	Edinburgh	23.80 8
4	I McEwan Jnr	Whitemoss	22.79 10	4	S Walker	Aberdeen	24.08 6
5	A Beaton	Central	23.64 8	5	S Malone (U20)	Central	24.14 4
6	L Williamson	Aberdeen	23.91 6	6	D Little	Shettleston	25.18 3
7	R Frost	Shettleston	24.28 5	7	D Murray	Arbroath	25.29 2
8	A Kassim	VP_Glasgow	24.56 4	8			0

800m A				800m B			
1	C Robertson	Pitreavie	1:54.13 16	1	M Wright	Central	1:59.50 12
2	A Ramsay (U20)	VP_Glasgow	1:54.78 14	2	A Drummond (U17)	Shettleston	2:00.01 10
3	G McBride (U20)	Shettleston	1:55.56 12	3	G Lister	Pitreavie	2:01.62 8
4	J Joy (U20)	Aberdeen	1:58.75 10	4	R Leslie (U20)	Aberdeen	2:05.20 6
5	P Loudon (U17)	Edinburgh	1:59.09 8	5	D Watson Snr	VP_Glasgow	2:05.95 4
6	M Arndt	Arbroath	2:00.31 6	6	A Stoane	Edinburgh	2:10.03 3
7	A Hendry (U20)	Central	2:02.64 5	7	R White (U40)	Arbroath	2:18.63 2
8	S Jamieson (U20)	Whitemoss	2:06.34 4	8			0

5000m A				5000m B			
1	A Butchart (U20)	Central	15:32.83 16	1	M Colligan	Arbroath	15:55.77 12
2	K McCoy	Shettleston	15:39.31 14	2	M Wright	Central	16:21.25 10
3	S Campbell	Arbroath	15:51.81 12	3	M Haskett	Aberdeen	16:47.50 8
4	M Duthie	Whitemoss	15:59.53 10	4	A Lee	Shettleston	17:07.04 6
5	R Fulton (U20)	Aberdeen	16:13.06 8	5	B Davie	Pitreavie	17:24.75 4
6	J Farquhar	Pitreavie	16:33.09 6	6			0
7	I Whitaker	Edinburgh	17:51.57 5	7			0
8			0	8			0

400m Hurdles A				400m Hurdles B			
1	G Innes (U20)	VP_Glasgow	56.53 16	1	W McGill	Whitemoss	64.53 12
2	M Dillon	Central	58.24 14	2	G Laskiewicz	Arbroath	66.45 10
3	M Burns	Pitreavie	59.46 12	3	P Mutch	Aberdeen	67.01 8
4	S Davidson	Whitemoss	60.84 10	4	K Morrison	Central	70.09 6
5	T Harris (U20)	Edinburgh	61.36 8	5			0
6	B Keillor	Arbroath	64.59 6	6			0
7	K Morice	Aberdeen	68.50 5	7			0
8			0	8			0

4 by 100m Relay				4 by 400m Relay			
1	YoungOswalSmithCoull	Pitreavie	42.82 16	1	DavidCampbMcEwaJamie	Whitemoss	3:26.57 16
2	CongdHamilJonesChart	Edinburgh	43.22 14	2	RoberYoungListeBurns	Pitreavie	3:27.79 14
3	LaverBurslFeighMurra	Arbroath	45.26 12	3	LoudoO'HarHoodHarri	Edinburgh	3:36.11 12
4	WilliMcCabRoadsWalke	Aberdeen	45.28 10	4	FerguArdreHendrPater	Central	3:36.47 10
5	HendeSiriwArdreMalon	Central	45.66 8	5	McBriPhililLeeOates	Shettleston	3:41.18 8
6	McEwaHolmeBrysoMcGil	Whitemoss	46.17 6	6	BurslArndtMilneWhite	Arbroath	3:42.91 6
7			0	7	ClarkRoadsJoyMutch	Aberdeen	3:43.12 5
8			0	8			0

Long Jump A

1	K Henderson (U17)	Central	6.67	16
2	D Murray	Arbroath	6.39	14
3	S Herron	Edinburgh	6.23	12
4	S Lyon (U17)	Aberdeen	5.72	10
5	R Holmes (U20)	Whitemoss	5.35	8
6	M Burns	Pitreavie	5.30	6
7				0
8				0

Long Jump B

1	J Newport (U17)	Edinburgh	5.87	12
2	S Clark (U17)	Aberdeen	5.71	10
3	M Downie (U17)	Arbroath	5.58	8
4	D Ferguson (U20)	Central	4.93	6
	S Gibson	Whitemoss	4.30	0
6				0
7				0
8				0

Triple Jump A

1	A Hamilton (U20)	Edinburgh	14.20	16
2	S Lyon (U17)	Aberdeen	12.04	14
3	M Dillon	Central	11.98	12
4	M Burns	Pitreavie	11.15	10
5	G Laskiewicz	Arbroath	10.98	8
6				0
7				0
8				0

Triple Jump B

1	S Herron	Edinburgh	13.77	12
2	S Clark (U17)	Aberdeen	11.91	10
3	P Feighan (U20)	Arbroath	10.26	8
4	C Christie	Central	10.04	6
5				0
6				0
7				0
8				0

High Jump A

1	S Herron	Edinburgh	2.00	16
2	K Henderson (U17)	Central	1.90	14
3	D Murray	Arbroath	1.85	12
4	G Loudon	Pitreavie	1.70	10
5	J Thoires (U17)	VP_Glasgow	1.65	8
6	T Brodie (U20)	Aberdeen	1.65	6
7	I McEwan Snr	Whitemoss	1.60	5
8	C Sharp (U20)	Shettleston	1.55	4

High Jump B

1	M Downie (U17)	Arbroath	1.80	12
2	G MacLean (U20)	Edinburgh	1.70	10
3	R Todd	Central	1.55	8
4	P O'Donnell (U17)	Shettleston	1.55	6
5	K Morice	Aberdeen	1.50	4
6				0
7				0
8				0

Pole Vault A

1	G MacLean (U20)	Edinburgh	4.40	16
2	C Sharp (U20)	Shettleston	4.40	14
3	D Graham	Arbroath	4.00	12
4	J Thoires (U17)	VP_Glasgow	3.80	10
5	S Chisholm	Pitreavie	3.60	8
6	R Todd	Central	3.00	6
7	K Lyon	Aberdeen	3.00	5
8	C McEwan	Whitemoss	2.80	4

Pole Vault B

1	M Downie (U17)	Arbroath	3.20	12
2	P O'Donnell (U17)	Shettleston	3.00	10
3	B Masson	Aberdeen	2.80	8
4	J Robertson (U20)	Whitemoss	2.80	6
5	C Christie	Central	2.80	4
6	M Burns	Pitreavie	2.60	3
7	C Dickson (U20)	Edinburgh	2.40	2
8				0

Shot Putt A

1	S Thompson	Aberdeen	14.61	16
2	A Mackay (U20)	Shettleston	12.18	14
3	G Sweeney	Central	11.43	12
4	R Rogers	Arbroath	11.00	10
5	K Thompson	Edinburgh	9.90	8
6	D Litchfield	Pitreavie	9.65	6
7	G Farrell	VP_Glasgow	9.05	5
8	I McEwan Jnr	Whitemoss	8.66	4

Shot Putt B

1	F McCabe	Aberdeen	11.81	12
2	G Laskiewicz	Arbroath	9.80	10
3	D Little	Shettleston	9.29	8
4	R Todd	Central	9.15	6
5	G Loudon	Pitreavie	8.36	4
6	P Holmes	Edinburgh	8.17	3
7	P White	Whitemoss	7.99	2
8				0

Discus A

1	S Thompson	Aberdeen	45.00	16
2	A Mackay (U20)	Shettleston	38.63	14
3	R Rogers	Arbroath	36.36	12
4	G Farrell	VP_Glasgow	34.07	10
5	K Thompson	Edinburgh	31.91	8
6	R Todd	Central	31.65	6
7	C McEwan	Whitemoss	30.77	5
8	D Litchfield	Pitreavie	26.43	4

Discus B

1	G Sweeney	Central	31.42	12
2	D Little	Shettleston	29.17	10
3	E McKenzie	Aberdeen	27.64	8
4	P Holmes	Edinburgh	22.50	6
5	K Stoddart	Whitemoss	22.19	4
	G Laskiewicz	Arbroath	16.99	0
7				0
8				0

Hammer A

1	D Little	Shettleston	55.31	16
2	P Holmes	Edinburgh	53.20	14
3	R Rogers	Arbroath	35.55	12
4	R Todd	Central	31.70	10
5	G Farrell	VP_Glasgow	30.23	8
6	E McKenzie	Aberdeen	28.35	6
7	K Stoddart	Whitemoss	25.73	5
8				0

Hammer B

1	G Sweeney	Central	30.74	12
2	G Laskiewicz	Arbroath	24.06	10
3	A Mackay (U20)	Shettleston	23.87	8
	F McCabe	Aberdeen	18.31	0
5				0
6				0
7				0
8				0

Javelin A

1	B Korda	Edinburgh	58.57	16
2	C Smith	Arbroath	57.54	14
3	T Brodie (U20)	Aberdeen	38.34	12
4	M Dillon	Central	35.66	10
5	D Litchfield	Pitreavie	34.84	8
6	C McEwan	Whitemoss	33.63	6
7				0
8				0

Javelin B

1	A Smith	Arbroath	49.74	12
2	K Thompson	Edinburgh	38.99	10
3	T Joy (U20)	Aberdeen	38.33	8
4	G Sweeney	Central	33.64	6
5	K Stoddart	Whitemoss	31.47	4
6	G Loudon	Pitreavie	28.09	3
7				0
8				0

Notes

Windspeeds 100m A (-1.8 m/s), 100m B (-2.1 m/s) 200m A (-1.6 m/s), 200m B (-1.3 m/s) 110mH A (-1.2 m/s), 110mH B (-1.0 m/s) Scrutiny complete 22/4/09

Match Result

Penalty Points	Match Points	Pts	
0	Central	328	8
0	Edinburgh	310	7
0	Arbroath	300	6
0	Aberdeen	277	5
0	Pitreavie	252	4
0	Shettleston	206	3
0	Whitemoss	205	2
0	VP_Glasgow	137	1

League Positions

	Match Points	Pts	
1	Central	328	8
2	Edinburgh	310	7
3	Arbroath	300	6
4	Aberdeen	277	5
5	Pitreavie	252	4
6	Shettleston	206	3
7	Whitemoss	205	2
8	VP_Glasgow	137	1